



Living Hope  
ALLIANCE CHURCH

# SCC Lifestyle Handbook

Loving God in Solitude, Cell and Celebration

This book belongs to: \_\_\_\_\_



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**BIBLIOGRAPHY** for scripture references used in handbook

- English Standard Version (ESV) The Holy Bible, English Standard Version, by Crossway Bibles, a division of Good News Publishers.
- New Living Translation (NLT) Holy Bible, New Living Translation, 1996, 2004 by Tyndale Charitable Trust

## WEEKLY READING SCHEDULE

For those who are new to the SCC lifestyle process, we study and meditate on the passage prior to it being preached, and then continue to sit in the same passage until our cell group meeting. Typically, our cell group meetings follow a few days after the Sunday service, which would conclude your “week” of SCC. The day after your cell group meeting you move to the next week and start reading the new passage.

START MEDITATING ON PASSAGE THE WEEK OF...	SCRIPTURE PASSAGE (plus corresponding passage)	CELEBRATION SERVICE
Week 1: January 1-6, 2018	Galatians 1:1-5; Ephesians 1:1-14	January 7, 2018
Week 2: January 8-13	Galatians 1:6-10; 1 Corinthians 15:1-28	January 14
Week 3: January 15-20	Galatians 1:11-17; Acts 9:1-21	January 21
Week 4: January 22-27	Galatians 1:18-24; Acts 9:22-31	January 28
Week 5: January 29-Feb. 3	Galatians 2:1-10; Acts 15:1-35	February 4
Week 6: February 5-10	Galatians 2:11-19; Acts 10:1-43	February 11
Week 7: February 12-17	Galatians 2:20-21; Romans 6:1-11	February 18
Week 8: February 19-24	Galatians 3:1-9; Genesis 15 <b>IMPORTANT: REFLECTION WEEK</b>	February 25
Week 9: February 26-Mar 3	Galatians 3:10-18; Romans 3	March 4
Week 10: March 5-10	Galatians 3:19-29; Romans 4	March 11
Week 11: March 12-17	Galatians 4:1-11; Romans 8	March 18
Week 12: March 19-24	Galatians 4:12-20; 2 Corinthians 12:1-10	March 25
Week 13: March 26-31	Isaiah 53	April 1
Week 14: April 2-7	Galatians 4:21-5:1; Romans 7	April 8
Week 15: April 9-14	Galatians 5:2-12; John 8:31-59	April 15
Week 16: April 16-21	Galatians 5:13-26; John 15	April 22
Week 17: April 23-28	Galatians 6:1-10; James 5	April 29
Week 18: April 30-May 5	Galatians 6:11-18; Philippians 3	May 6

## LHAC'S LIFESTYLE ESSENTIALS

The SCC lifestyle encourages us to grow in loving God more fully and loving our world in Christ's name.

**LOVING GOD IN SOLITUDE** is to retreat to a quiet place, in an attitude of surrender and trust, for an unhurried time of communion with God through His Word, prayer and other spiritual disciplines. Biblical basis: Josh. 1:8, 1 Tim. 4:7, Ps. 91:1, Matt. 6:5-6.

**LOVING GOD IN CELL** is to gather together, in an environment of love and trust, with a small group of believers who are growing in intimacy with God through the SCC lifestyle, in order to spur one another on to love God more fully through sharing, accountability and prayer. Biblical basis: Prov. 27:17, Heb. 10:24, 1 Thes. 5:11.

**LOVING GOD IN CELEBRATION** is to gather together as a church family on a weekly basis to worship God and delight in His presence; in song we express our love for Him and through the preaching of the Word we hear His voice. Biblical basis: Ps. 22:22, Heb. 10:25, Rom. 12:4-5.

## THE PRACTICE OF "LOVING GOD IN SOLITUDE"

There are 4 key components in the practice of "Loving God In Solitude" that we encourage each person to do on a daily basis:

**PRAY.** Settle into God's presence by expressing to Him where you are right now. Ask Him to draw near to you as you draw near to Him.

The following is a suggestion. "Father, my desire is to draw near to You and commune with You during this time. Create in my heart and mind a quietness and rest. as I place on You my burdens and concerns, and confess my sins...."

Protect this time from interruptions and distractions. Allow this to be more than a discipline, but an encounter with You where I delight in Your presence as You delight in me. Give me ears to hear Your voice as I read Your Word. Teach me, rebuke me, correct or train me so that I will be thoroughly equipped for every good work (2 Tim. 3:16). Holy Spirit fill me with Yourself, refresh my soul and nourish my spirit. My heart's desire is to enjoy loving intimacy with You now and throughout my day. In Jesus name I pray. Amen."

**READ THE SCRIPTURE PASSAGE MEDITATIVELY.** Sink into the sermon-based scripture for a number of days, until you have plumbed the depths of it. Once you have plumbed its depths, move on to another bible passage (i.e. the complementary passage, or one of your own choosing) and sink into that for the remainder of the week.

- Study the passage of scripture to gain an understanding of the context of the passage and the key point(s) of truth taught in the passage.
- Listen for God's personal word to you through His written Word; attend to and linger over a word/phrase/verse that catches your attention.
- Practice listening prayer by waiting in a receptive posture of openness toward God, asking Him to show you how this word/phrase/verse connects with your life right now.
- Record what God is saying to you.

**RESPOND TO GOD IN PRAYER.** Allow your God-lead ponderings be a catalyst to prayer, talking to Him about what He has revealed to you. Take time to intercede for your accountability group members.

**CONTINUE TO MEDITATE ON THIS WORD/PHRASE THROUGHOUT THE DAY.** Allow God to further form, shape and apply these words in your life as you go into your day.



# THE SCC WEEKLY PROCESS

## WEEK 1

## SOLITUDE: STUDYING OF &amp; MEDITATING ON GALATIANS 1:1-5

## Galatians 1:1-5 (ESV)

1 Paul, an <sup>(A)</sup>apostle—<sup>(B)</sup>not from men nor through man, but <sup>(C)</sup>through Jesus Christ and God the Father, <sup>(D)</sup>who raised him from the dead— 2 and all <sup>(E)</sup>the brothers<sup>[a]</sup> who are with me,

To <sup>(F)</sup>the churches of Galatia:

3 <sup>(G)</sup>Grace to you and peace <sup>(H)</sup>from God our Father and the Lord Jesus Christ, 4 <sup>(I)</sup>who gave himself for our sins to deliver us from the present <sup>(J)</sup>evil age, according to the will of <sup>(K)</sup>our God and Father, 5 to whom be the glory forever and ever. Amen.

## Galatians 1:1-5 (NLT)

1 This letter is from Paul, an apostle. I was not appointed by any group of people or any human authority, but by Jesus Christ himself and by God the Father, who raised Jesus from the dead.

2 All the brothers and sisters here join me in sending this letter to the churches of Galatia.

3 May God the Father and our Lord Jesus Christ give you grace and peace. 4 Jesus gave his life for our sins, just as God our Father planned, in order to rescue us from this evil world in which we live. 5 All glory to God forever and ever! Amen.

## Footnotes:

- a Galatians 1:2 Or *brothers and sisters*. In New Testament usage, depending on the context, the plural Greek word *adelphoi* (translated "brothers") may refer either to *brothers* or to *brothers and sisters*; also verse 11

## Cross references:

- A Galatians 1:1 : [See 2 Cor. 1:1](#)  
 B Galatians 1:1 : [ver. 11, 12](#)  
 C Galatians 1:1 : [Acts 9:6; 20:24; 22:10, 15, 21; 26:16; \[1 Tim. 1:1; Titus 1:3\]](#)  
 D Galatians 1:1 : [See Acts 2:24](#)  
 E Galatians 1:2 : [Phil. 4:21](#)  
 F Galatians 1:2 : [Acts 16:6; 1 Cor. 16:1](#)  
 G Galatians 1:3 : [Rom. 1:7; 1 Cor. 1:3](#)  
 H Galatians 1:3 : [1 Tim. 1:2](#)  
 I Galatians 1:4 : [See Matt. 20:28; Rom. 4:25; 1 Cor. 15:3](#)  
 J Galatians 1:4 : [\[Eph. 2:2; 1 John 5:19\]; See John 15:19](#)  
 K Galatians 1:4 : [Phil. 4:20; 1 Thess. 1:3; 3:11, 13](#)



## WEEK 1

### **SOLITUDE: JOURNALING**

As God speaks to you through His Word write down what is impacting you, what He is saying to you personally and/or your response back to Him.

**WEEK 1****SOLITUDE: OPTIONAL COMPLEMENTARY PASSAGE****Ephesians 1:1-14 (ESV)**

**1** Paul, an apostle of Christ Jesus by the will of God,  
To the saints who are in Ephesus, and are faithful in Christ Jesus:

**2** Grace to you and peace from God our Father and the Lord Jesus Christ.

**3** Blessed be the God and Father of our Lord Jesus Christ, who has blessed us in Christ with every spiritual blessing in the heavenly places, **4** even as he chose us in him before the foundation of the world, that we should be holy and blameless before him. In love **5** he predestined us for adoption to himself as sons through Jesus Christ, according to the purpose of his will, **6** to the praise of his glorious grace, with which he has blessed us in the Beloved. **7** In him we have redemption through his blood, the forgiveness of our trespasses, according to the riches of his grace, **8** which he lavished upon us, in all wisdom and insight **9** making known to us the mystery of his will, according to his purpose, which he set forth in Christ **10** as a plan for the fullness of time, to unite all things in him, things in heaven and things on earth.

**11** In him we have obtained an inheritance, having been predestined according to the purpose of him who works all things according to the counsel of his will, **12** so that we who were the first to hope in Christ might be to the praise of his glory. **13** In him you also, when you heard the word of truth, the gospel of your salvation, and believed in him, were sealed with the promised Holy Spirit, **14** who is the guarantee of our inheritance until we acquire possession of it, to the praise of his glory.

**WEEK 1**

**CELEBRATION: SERMON NOTES**

How will what I heard impact my life this week?

**WEEK 1****CELL GROUP MEETING: RESPONSIVE ACCOUNTABILITY**

## THE FOCUS OF RESPONSIVE ACCOUNTABILITY

Our LIFESTYLE-FORMING ACCOUNTABILITY allowed us to focus on practicing the spiritual disciplines so that we would encounter God. Hopefully over the last few weeks you have taken significant steps of growth in disciplining yourself for godliness and through this experiencing greater intimacy with God. Do not be discouraged if the disciplines feel like a duty. Keep on keeping on and they will become a delight. From this week on we will focus on RESPONSIVE ACCOUNTABILITY, which will encourage us to concentrate on where God is working in us and how He has been speaking to us in our times of Solitude with Him.

RESPONSIVE ACCOUNTABILITY encourages you to prayerfully consider your practice of Solitude over the previous week, as well as how God spoke to you as you lived the SCC lifestyle this week. From this you will discern His invitation to you for the coming week and your response to it.

- If you are new to the SCC lifestyle, going through a dry spell, and/or have struggled with spending time alone with God in Solitude and/or practicing the spiritual disciplines, God's invitation will most likely be to continue working on "lifestyle-forming accountability", creating an action step for the week that focuses on developing habits that will become a lifestyle.
- If you have spent consistent time with God in Solitude and have heard God speaking to you in a personal way, God's invitation will most likely form out of this, inviting you to respond to what He has impressed on your heart. He may have shown you an area of sin that you need to repent of, a step of obedience that you need to take, a truth that you need to further meditate on, a promise that you need to rest in, etc.

**PERSONAL REFLECTION** (5 MINUTES)

Prayerfully consider your practice of Solitude over the previous week, as well as how God spoke to you as you lived the SCC lifestyle. Is God inviting you to.....

- Focus on your practice of "Loving God in Solitude"?
- Take a step of obedience?
- Repent from a sin?
- Trust and rest in a truth?
- Or something else?

This coming week God is inviting me to..... / My response to God's invitation is to....

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How I did with last week's accountability item...

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## WEEK 2

## SOLITUDE: STUDYING OF &amp; MEDITATING ON GALATIANS 1:6-10

## Galatians 1:6-10 (ESV)

**6** I am astonished that you are <sup>(A)</sup>so quickly deserting <sup>(B)</sup>him who called you in the grace of Christ and are turning to <sup>(C)</sup>a different gospel— **7** <sup>(D)</sup>not that there is another one, but <sup>(E)</sup>there are some who trouble you and want to distort the gospel of Christ. **8** But even if we or <sup>(F)</sup>an angel from heaven should preach to you a gospel contrary to the one we preached to you, <sup>(G)</sup>let him be accursed. **9** As we have said before, so now I say again: If anyone is preaching to you a gospel contrary to the one you received, <sup>(H)</sup>let him be accursed.

**10** For am I now seeking the approval of man, or of God? Or am I trying <sup>(I)</sup>to please man? If I were still trying to please man, I would not be a <sup>(J)</sup>servant<sup>[a]</sup> of Christ.

## Galatians 1:6-10 (NLT)

## Footnotes:

a Galatians 1:10 For the contextual rendering of the Greek word *doulos*, see Preface

## Cross references:

A Galatians 1:6 : [[ch. 4:13](#); [Acts 16:6](#); [18:23](#)]  
 B Galatians 1:6 : [ch. 5:8](#)  
 C Galatians 1:6 : [2 Cor. 11:4](#); [[1 Tim. 1:3](#)]  
 D Galatians 1:7 : [[Acts 4:12](#); [1 Cor. 3:11](#)]  
 E Galatians 1:7 : [ch. 5:10](#); [Acts 15:24](#); See [2 Cor. 11:13](#)  
 F Galatians 1:8 : [2 Cor. 11:14](#)  
 G Galatians 1:8 : See [Rom. 9:3](#)  
 H Galatians 1:9 : [[See ver. 8 above](#)]; See [Rom. 9:3](#)  
 I Galatians 1:10 : [1 Thess. 2:4](#); [[Rom. 2:29](#); [1 Cor. 10:33](#); [Eph. 6:6](#); [Col. 3:22](#)]  
 J Galatians 1:10 : [[Rom. 1:1](#)]

**6** I am shocked that you are turning away so soon from God, who called you to himself through the loving mercy of Christ. You are following a different way that pretends to be the Good News **7** but is not the Good News at all. You are being fooled by those who deliberately twist the truth concerning Christ.

**8** Let God's curse fall on anyone, including us or even an angel from heaven, who preaches a different kind of Good News than the one we preached to you. **9** I say again what we have said before: If anyone preaches any other Good News than the one you welcomed, let that person be cursed.

**10** Obviously, I'm not trying to win the approval of people, but of God. If pleasing people were my goal, I would not be Christ's servant.

## WEEK 2

### **SOLITUDE: JOURNALING**

As God speaks to you through His Word write down what is impacting you, what He is saying to you personally and/or your response back to Him.

## WEEK 2

## SOLITUDE: OPTIONAL COMPLEMENTARY PASSAGE

## 1 Corinthians 15:1-28 (ESV)

**15** Now I would remind you, brothers, of the gospel I preached to you, which you received, in which you stand, **2** and by which you are being saved, if you hold fast to the word I preached to you—unless you believed in vain.

**3** For I delivered to you as of first importance what I also received: that Christ died for our sins in accordance with the Scriptures, **4** that he was buried, that he was raised on the third day in accordance with the Scriptures, **5** and that he appeared to Cephas, then to the twelve. **6** Then he appeared to more than five hundred brothers at one time, most of whom are still alive, though some have fallen asleep. **7** Then he appeared to James, then to all the apostles. **8** Last of all, as to one untimely born, he appeared also to me. **9** For I am the least of the apostles, unworthy to be called an apostle, because I persecuted the church of God. **10** But by the grace of God I am what I am, and his grace toward me was not in vain. On the contrary, I worked harder than any of them, though it was not I, but the grace of God that is with me. **11** Whether then it was I or they, so we preach and so you believed.

**12** Now if Christ is proclaimed as raised from the dead, how can some of you say that there is no resurrection of the dead? **13** But if there is no resurrection of the dead, then not even Christ has been raised. **14** And if Christ has not been raised, then our preaching is in vain and your faith is in vain. **15** We are even found to be misrepresenting God, because we testified about God that he raised Christ, whom he did not raise if it is true that the dead are not raised. **16** For if the dead are not raised, not even Christ has been raised. **17** And if Christ has not been raised, your faith is futile and you are still in your sins. **18** Then those also who have fallen asleep in Christ have perished. **19** If in Christ we have hope in this life only, we are of all people most to be pitied.

**20** But in fact Christ has been raised from the dead, the firstfruits of those who have fallen asleep. **21** For as by a man came death, by a man has come also the resurrection of the dead. **22** For as in Adam all die, so also in Christ shall all be made alive. **23** But each in his own order: Christ the firstfruits, then at his coming those who belong to Christ. **24** Then comes the end, when he delivers the kingdom to God the Father after destroying every rule and every authority and power. **25** For he must reign until he has put all his enemies under his feet. **26** The last enemy to be destroyed is death. **27** For “God has put all things in subjection under his feet.” But when it says, “all things are put in subjection,” it is plain that he is excepted who put all things in subjection under him. **28** When all things are subjected to him, then the Son himself will also be subjected to him who put all things in subjection under him, that God may be all in all.



## WEEK 2

### **SOLITUDE: JOURNALING**

As God speaks to you through His Word write down what is impacting you, what He is saying to you personally and/or your response back to Him.

## WEEK 2

### CELEBRATION: SERMON NOTES

How will what I heard impact my life this week?



## WEEK 3

## SOLITUDE: STUDYING OF &amp; MEDITATING ON GALATIANS 1:11-17

## Galatians 1:11-17 (ESV)

**11** For <sup>(A)</sup>I would have you know, brothers, that <sup>(B)</sup>the gospel that was preached by me is not man's gospel.<sup>[a]</sup>  
**12** <sup>(C)</sup>For I did not receive it from any man, nor was I taught it, but I received it <sup>(D)</sup>through a revelation of Jesus Christ. **13** For you have heard of <sup>(E)</sup>my former life in Judaism, how <sup>(F)</sup>I persecuted the church of God violently and tried to destroy it. **14** And I was advancing in Judaism beyond many of my own age among my people, so extremely <sup>(G)</sup>zealous was I for <sup>(H)</sup>the traditions of my fathers. **15** But when he <sup>(I)</sup>who had set me apart <sup>(J)</sup>before I was born,<sup>[b]</sup> and who <sup>(K)</sup>called me by his grace, **16** was pleased to reveal his Son to<sup>[c]</sup> me, in order <sup>(L)</sup>that I might preach him among the Gentiles, I did not immediately consult with anyone;<sup>[d]</sup> **17** nor did I go up to Jerusalem to those who were apostles before me, but I went away into Arabia, and returned again to Damascus.

## Footnotes:

- a Galatians 1:11 Greek *not according to man*
- b Galatians 1:15 Greek *set me apart from my mother's womb*
- c Galatians 1:16 Greek *in*
- d Galatians 1:16 Greek *with flesh and blood*

## Cross references:

- A Galatians 1:11 : [1 Cor. 15:1](#)
- B Galatians 1:11 : [See Rom. 2:16](#)
- C Galatians 1:12 : [ver. 1](#); [1 Cor. 11:23](#); [15:3](#); [\[Acts 22:14\]](#)
- D Galatians 1:12 : [ver. 16](#); [See 1 Cor. 2:10](#); [2 Cor. 12:1](#)
- E Galatians 1:13 : [\[Acts 26:4\]](#)
- F Galatians 1:13 : [See Acts 8:3](#)
- G Galatians 1:14 : [Phil. 3:6](#); [See Acts 21:20](#)
- H Galatians 1:14 : [\[Jer. 9:14](#); [2 Tim. 1:3\]](#); [See Matt. 15:2](#)
- I Galatians 1:15 : [Acts 13:2](#); [Rom. 1:1](#)
- J Galatians 1:15 : [Isa. 49:1, 5](#); [Jer. 1:5](#); [Luke 1:15](#)
- K Galatians 1:15 : [ver. 6](#)
- L Galatians 1:16 : [ch. 2:9](#); [See Acts 9:15](#)

## Galatians 1:11-17 (NLT)

**11** Dear brothers and sisters, I want you to understand that the gospel message I preach is not based on mere human reasoning. **12** I received my message from no human source, and no one taught me. Instead, I received it by direct revelation from Jesus Christ.

**13** You know what I was like when I followed the Jewish religion—how I violently persecuted God's church. I did my best to destroy it. **14** I was far ahead of my fellow Jews in my zeal for the traditions of my ancestors.

**15** But even before I was born, God chose me and called me by his marvelous grace. Then it pleased him **16** to reveal his Son to me so that I would proclaim the Good News about Jesus to the Gentiles.

When this happened, I did not rush out to consult with any human being. **17** Nor did I go up to Jerusalem to consult with those who were apostles before I was. Instead, I went away into Arabia, and later I returned to the city of Damascus.

## WEEK 3

### **SOLITUDE: JOURNALING**

As God speaks to you through His Word write down what is impacting you, what He is saying to you personally and/or your response back to Him.

## WEEK 3

## SOLITUDE: OPTIONAL COMPLEMENTARY PASSAGE

## Acts 9:1-21 (ESV)

**9** But Saul, still breathing threats and murder against the disciples of the Lord, went to the high priest **2** and asked him for letters to the synagogues at Damascus, so that if he found any belonging to the Way, men or women, he might bring them bound to Jerusalem. **3** Now as he went on his way, he approached Damascus, and suddenly a light from heaven shone around him. **4** And falling to the ground, he heard a voice saying to him, "Saul, Saul, why are you persecuting me?" **5** And he said, "Who are you, Lord?" And he said, "I am Jesus, whom you are persecuting. **6** But rise and enter the city, and you will be told what you are to do." **7** The men who were traveling with him stood speechless, hearing the voice but seeing no one. **8** Saul rose from the ground, and although his eyes were opened, he saw nothing. So they led him by the hand and brought him into Damascus. **9** And for three days he was without sight, and neither ate nor drank.

**10** Now there was a disciple at Damascus named Ananias. The Lord said to him in a vision, "Ananias." And he said, "Here I am, Lord." **11** And the Lord said to him, "Rise and go to the street called Straight, and at the house of Judas look for a man of Tarsus named Saul, for behold, he is praying, **12** and he has seen in a vision a man named Ananias come in and lay his hands on him so that he might regain his sight." **13** But Ananias answered, "Lord, I have heard from many about this man, how much evil he has done to your saints at Jerusalem. **14** And here he has authority from the chief priests to bind all who call on your name." **15** But the Lord said to him, "Go, for he is a chosen instrument of mine to carry my name before the Gentiles and kings and the children of Israel. **16** For I will show him how much he must suffer for the sake of my name." **17** So Ananias departed and entered the house. And laying his hands on him he said, "Brother Saul, the Lord Jesus who appeared to you on the road by which you came has sent me so that you may regain your sight and be filled with the Holy Spirit." **18** And immediately something like scales fell from his eyes, and he regained his sight. Then he rose and was baptized; **19** and taking food, he was strengthened.

For some days he was with the disciples at Damascus. **20** And immediately he proclaimed Jesus in the synagogues, saying, "He is the Son of God." **21** And all who heard him were amazed and said, "Is not this the man who made havoc in Jerusalem of those who called upon this name? And has he not come here for this purpose, to bring them bound before the chief priests?"

**WEEK 3**

**SOLITUDE: JOURNALING**

As God speaks to you through His Word write down what is impacting you, what He is saying to you personally and/or your response back to Him.

WEEK 3  
CELEBRATION: SERMON NOTES

How will what I heard impact my life this week?





## WEEK 4

## SOLITUDE: STUDYING OF &amp; MEDITATING ON GALATIANS 1:18-24

**Galatians 1:18-24 (ESV)**

**18** Then <sup>(A)</sup>after three years I went up to Jerusalem to visit Cephas and remained with him fifteen days. **19** But I saw none of the other apostles except James <sup>(B)</sup>the Lord's brother. **20** (In what I am writing to you, <sup>(C)</sup>before God, I do not lie!) **21** <sup>(D)</sup>Then I went into the regions of Syria and Cilicia. **22** And I was still unknown in person to <sup>(E)</sup>the churches of Judea that are in Christ. **23** They only were hearing it said, "He who used to persecute us is now preaching the faith he once tried to destroy." **24** And they glorified God because of me.

**Cross references:**

- A Galatians 1:18 : [\[Acts 9:22, 23\]](#)
- B Galatians 1:19 : [See Matt. 12:46; Acts 12:17](#)
- C Galatians 1:20 : [See Rom. 1:9; 9:1](#)
- D Galatians 1:21 : [\[Acts 9:30; 11:25, 26; 13:1\]](#)
- E Galatians 1:22 : [1 Thess. 2:14](#)

**Galatians 1:18-24 (NLT)**

**18** Then three years later I went to Jerusalem to get to know Peter, and I stayed with him for fifteen days. **19** The only other apostle I met at that time was James, the Lord's brother. **20** I declare before God that what I am writing to you is not a lie.

**21** After that visit I went north into the provinces of Syria and Cilicia. **22** And still the churches in Christ that are in Judea didn't know me personally. **23** All they knew was that people were saying, "The one who used to persecute us is now preaching the very faith he tried to destroy!" **24** And they praised God because of me.

## WEEK 4

### SOLITUDE: JOURNALING

As God speaks to you through His Word write down what is impacting you, what He is saying to you personally and/or your response back to Him.

**WEEK 4****SOLITUDE: OPTIONAL COMPLEMENTARY PASSAGE**

Acts 9:22-31 (ESV)

**22** But Saul increased all the more in strength, and confounded the Jews who lived in Damascus by proving that Jesus was the Christ.

**23** When many days had passed, the Jews plotted to kill him, **24** but their plot became known to Saul. They were watching the gates day and night in order to kill him, **25** but his disciples took him by night and let him down through an opening in the wall, lowering him in a basket.

**26** And when he had come to Jerusalem, he attempted to join the disciples. And they were all afraid of him, for they did not believe that he was a disciple. **27** But Barnabas took him and brought him to the apostles and declared to them how on the road he had seen the Lord, who spoke to him, and how at Damascus he had preached boldly in the name of Jesus. **28** So he went in and out among them at Jerusalem, preaching boldly in the name of the Lord. **29** And he spoke and disputed against the Hellenists. But they were seeking to kill him. **30** And when the brothers learned this, they brought him down to Caesarea and sent him off to Tarsus.

**31** So the church throughout all Judea and Galilee and Samaria had peace and was being built up. And walking in the fear of the Lord and in the comfort of the Holy Spirit, it multiplied.

**WEEK 4**

**SOLITUDE: JOURNALING**

As God speaks to you through His Word write down what is impacting you, what He is saying to you personally and/or your response back to Him.

WEEK 4  
CELEBRATION: SERMON NOTES

How will what I heard impact my life this week?



## WEEK 5

## SOLITUDE: STUDYING OF &amp; MEDITATING ON GALATIANS 2:1-10

## Galatians 2:1-10 (ESV)

**2** Then after fourteen years I went up again to Jerusalem with Barnabas, taking Titus along with me. **2** I went up because of a revelation and set before them (though privately before those <sup>(A)</sup>who seemed influential) the gospel that <sup>(B)</sup>I proclaim among the Gentiles, <sup>(C)</sup>in order to make sure I was not running or had not <sup>(D)</sup>run in vain. **3** But even Titus, who was with me, <sup>(E)</sup>was not forced to be circumcised, though he was a Greek. **4** <sup>(F)</sup>Yet because of false brothers secretly brought in—who <sup>(G)</sup>slipped in to spy out <sup>(H)</sup>our freedom that we have in Christ Jesus, <sup>(I)</sup>so that they might bring us into slavery— **5** to them we did not yield in submission even for a moment, so that <sup>(J)</sup>the truth of the gospel might be preserved for you. **6** And from those <sup>(K)</sup>who seemed to be influential (what they were makes no difference to me; <sup>(L)</sup>God shows no partiality)—those, I say, who seemed influential <sup>(M)</sup>added nothing to me. **7** On the contrary, when they saw that I had been <sup>(N)</sup>entrusted with <sup>(O)</sup>the gospel to the uncircumcised, just as Peter had been entrusted with the gospel to the circumcised **8** (for he who worked through Peter for his apostolic ministry to the circumcised worked also through me for mine to the Gentiles), **9** and when James and Cephas and John, <sup>(P)</sup>who seemed to be <sup>(Q)</sup>pillars, perceived the <sup>(R)</sup>grace that was given to me, they <sup>(S)</sup>gave the right hand of fellowship to Barnabas and me, that we should go to the Gentiles and they to the circumcised. **10** Only, they asked us to remember the poor, <sup>(T)</sup>the very thing I was eager to do.

## Cross references:

A	Galatians 2:2 : <a href="#">ver. 6, 9</a>
B	Galatians 2:2 : <a href="#">1 Tim. 3:16</a>
C	Galatians 2:2 : <a href="#">ch. 4:11; 1 Thess. 3:5</a>
D	Galatians 2:2 : <a href="#">Phil. 2:16</a>
E	Galatians 2:3 : <a href="#">[Acts 16:3]</a>
F	Galatians 2:4 : <a href="#">Acts 15:24; 2 Cor. 11:26; [ch. 5:12]</a>
G	Galatians 2:4 : <a href="#">[2 Pet. 2:1; Jude 4]</a>
H	Galatians 2:4 : <a href="#">See ch. 5:1</a>
I	Galatians 2:4 : <a href="#">ch. 4:3, 9, 24, 25; 2 Cor. 11:20; [Rom. 8:15]</a>

## Galatians 2:1-10 (NLT)

**2** Then fourteen years later I went back to Jerusalem again, this time with Barnabas; and Titus came along, too. **2** I went there because God revealed to me that I should go. While I was there I met privately with those considered to be leaders of the church and shared with them the message I had been preaching to the Gentiles. I wanted to make sure that we were in agreement, for fear that all my efforts had been wasted and I was running the race for nothing. **3** And they supported me and did not even demand that my companion Titus be circumcised, though he was a Gentile.

**4** Even that question came up only because of some so-called believers there—false ones, really—who were secretly brought in. They sneaked in to spy on us and take away the freedom we have in Christ Jesus. They wanted to enslave us and force us to follow their Jewish regulations. **5** But we refused to give in to them for a single moment. We wanted to preserve the truth of the gospel message for you.

**6** And the leaders of the church had nothing to add to what I was preaching. (By the way, their reputation as great leaders made no difference to me, for God has no favorites.) **7** Instead, they saw that God had given me the responsibility of preaching the gospel to the Gentiles, just as he had given Peter the responsibility of preaching to the Jews. **8** For the same God who worked through Peter as the apostle to the Jews also worked through me as the apostle to the Gentiles.

**9** In fact, James, Peter, and John, who were known as pillars of the church, recognized the gift God had given me, and they accepted Barnabas and me as their co-workers. They encouraged us to keep preaching to the Gentiles, while they continued their work with the Jews. **10** Their only suggestion was that we keep on helping the poor, which I have always been eager to do.

J	Galatians 2:5 : <a href="#">ver. 14; [ch. 4:16; 5:7; Titus 1:14; 2 John 1]</a>
K	Galatians 2:6 : <a href="#">ver. 2, 9; [ch. 6:3; Acts 5:36]; See 1 Cor. 3:7</a>
L	Galatians 2:6 : <a href="#">See Deut. 10:17</a>
M	Galatians 2:6 : <a href="#">[2 Cor. 11:5; 12:11]</a>
N	Galatians 2:7 : <a href="#">1 Thess. 2:4; 1 Tim. 1:11; See 1 Cor. 9:17</a>
O	Galatians 2:7 : <a href="#">ch. 1:16; See Acts 9:15</a>
P	Galatians 2:9 : <a href="#">[See ver. 6 above]; ver. 2, 9; [ch. 6:3; Acts 5:36]; See 1 Cor. 3:7</a>
Q	Galatians 2:9 : <a href="#">Jer. 1:18; Rev. 3:12</a>
R	Galatians 2:9 : <a href="#">See Rom. 1:5</a>
S	Galatians 2:9 : <a href="#">[2 Pet. 3:15]</a>
T	Galatians 2:10 : <a href="#">See Acts 24:17</a>



**WEEK 5**

**SOLITUDE: JOURNALING**

As God speaks to you through His Word write down what is impacting you, what He is saying to you personally and/or your response back to Him.

## WEEK 5

## SOLITUDE: OPTIONAL COMPLEMENTARY PASSAGE

## Acts 15:1-35 (ESV)

**15** But some men came down from Judea and were teaching the brothers, “Unless you are circumcised according to the custom of Moses, you cannot be saved.” **2** And after Paul and Barnabas had no small dissension and debate with them, Paul and Barnabas and some of the others were appointed to go up to Jerusalem to the apostles and the elders about this question. **3** So, being sent on their way by the church, they passed through both Phoenicia and Samaria, describing in detail the conversion of the Gentiles, and brought great joy to all the brothers. **4** When they came to Jerusalem, they were welcomed by the church and the apostles and the elders, and they declared all that God had done with them. **5** But some believers who belonged to the party of the Pharisees rose up and said, “It is necessary to circumcise them and to order them to keep the law of Moses.”

**6** The apostles and the elders were gathered together to consider this matter. **7** And after there had been much debate, Peter stood up and said to them, “Brothers, you know that in the early days God made a choice among you, that by my mouth the Gentiles should hear the word of the gospel and believe. **8** And God, who knows the heart, bore witness to them, by giving them the Holy Spirit just as he did to us, **9** and he made no distinction between us and them, having cleansed their hearts by faith. **10** Now, therefore, why are you putting God to the test by placing a yoke on the neck of the disciples that neither our fathers nor we have been able to bear? **11** But we believe that we will be saved through the grace of the Lord Jesus, just as they will.”

**12** And all the assembly fell silent, and they listened to Barnabas and Paul as they related what signs and wonders God had done through them among the Gentiles. **13** After they finished speaking, James replied, “Brothers, listen to me. **14** Simeon has related how God first visited the Gentiles, to take from them a people for his name. **15** And with this the words of the prophets agree, just as it is written,

**16** “‘After this I will return,  
and I will rebuild the tent of David that has fallen;  
I will rebuild its ruins,  
and I will restore it,

**17** that the remnant of mankind may seek the Lord,  
and all the Gentiles who are called by my name,  
says the Lord, who makes these things **18** known from of old.’

**19** Therefore my judgment is that we should not trouble those of the Gentiles who turn to God, **20** but should write to them to abstain from the things polluted by idols, and from sexual immorality, and from what has been strangled, and from blood. **21** For from ancient generations Moses has had in every city those who proclaim him, for he is read every Sabbath in the synagogues.”

**22** Then it seemed good to the apostles and the elders, with the whole church, to choose men from among them and send them to Antioch with Paul and Barnabas. They sent Judas called Barsabbas, and Silas, leading men among the brothers, **23** with the following letter: “The brothers, both the apostles and the elders, to the brothers who are of the Gentiles in Antioch and Syria and Cilicia, greetings. **24** Since we have heard that some persons have gone out from us and troubled you with words, unsettling your minds, although we gave them no instructions, **25** it has seemed good to us, having come to one accord, to choose men and send them to you with our beloved Barnabas and Paul, **26** men who have risked their lives for the name of our Lord Jesus Christ. **27** We have therefore sent Judas and Silas, who themselves will tell you the same things by word of mouth. **28** For it has seemed good to the Holy Spirit and to us to lay on you no greater burden than these requirements: **29** that you abstain from what has been sacrificed to idols, and from blood, and from what has been strangled, and from sexual immorality. If you keep yourselves from these, you will do well. Farewell.”

**WEEK 5****SOLITUDE: OPTIONAL COMPLEMENTARY PASSAGE**

**30** So when they were sent off, they went down to Antioch, and having gathered the congregation together, they delivered the letter. **31** And when they had read it, they rejoiced because of its encouragement. **32** And Judas and Silas, who were themselves prophets, encouraged and strengthened the brothers with many words. **33** And after they had spent some time, they were sent off in peace by the brothers to those who had sent them. **35** But Paul and Barnabas remained in Antioch, teaching and preaching the word of the Lord, with many others also.

WEEK 5  
CELEBRATION: SERMON NOTES

How will what I heard impact my life this week?



## WEEK 6

## SOLITUDE: STUDYING OF &amp; MEDITATING ON GALATIANS 2:11-19

## Galatians 2:11-19 (ESV)

**11** But <sup>(A)</sup>when Cephas came to Antioch, I opposed him <sup>(B)</sup>to his face, because he stood condemned. **12** For before certain men came from James, <sup>(C)</sup>he was eating with the Gentiles; but when they came he drew back and separated himself, fearing <sup>(D)</sup>the circumcision party.<sup>[a]</sup> **13** And the rest of the Jews acted hypocritically along with him, so that even Barnabas was led astray by their hypocrisy. **14** But when I saw that their <sup>(E)</sup>conduct was not in step with <sup>(F)</sup>the truth of the gospel, I said to Cephas <sup>(G)</sup>before them all, “If you, though a Jew, <sup>(H)</sup>live like a Gentile and not like a Jew, how can you force the Gentiles to live like Jews?”

**15** We ourselves are Jews by birth and not <sup>(I)</sup>Gentile sinners; **16** yet we know that <sup>(J)</sup>a person is not justified<sup>[b]</sup> by works of the law <sup>(K)</sup>but through faith in Jesus Christ, so we also have believed in Christ Jesus, in order to be justified by faith in Christ and not by works of the law, <sup>(L)</sup>because by works of the law no one will be justified.

**17** But if, in our endeavor to be justified in Christ, we too were found <sup>(M)</sup>to be sinners, is Christ then a servant of sin? Certainly not! **18** For if I rebuild what I tore down, I prove myself to be a transgressor. **19** For through the law I <sup>(N)</sup>died to the law, so that I might <sup>(O)</sup>live to God.

## Footnotes:

- a Galatians 2:12 Or *fearing those of the circumcision*  
b Galatians 2:16 Or *counted righteous* (three times in verse 16); also verse 17

## Cross references:

- A Galatians 2:11 : [\[Acts 15:1, 35\]](#)  
B Galatians 2:11 : [Job 21:31](#)  
C Galatians 2:12 : [Acts 11:3](#); [\[ver. 14; Acts 10:28\]](#); See Luke 15:2  
D Galatians 2:12 : [See Acts 11:2](#)  
E Galatians 2:14 : [Heb. 12:13](#)  
F Galatians 2:14 : [See ver. 5](#)

## Galatians 2:11-19 (NLT)

**11** But when Peter came to Antioch, I had to oppose him to his face, for what he did was very wrong. **12** When he first arrived, he ate with the Gentile believers, who were not circumcised. But afterward, when some friends of James came, Peter wouldn't eat with the Gentiles anymore. He was afraid of criticism from these people who insisted on the necessity of circumcision. **13** As a result, other Jewish believers followed Peter's hypocrisy, and even Barnabas was led astray by their hypocrisy.

**14** When I saw that they were not following the truth of the gospel message, I said to Peter in front of all the others, “Since you, a Jew by birth, have discarded the Jewish laws and are living like a Gentile, why are you now trying to make these Gentiles follow the Jewish traditions?”

**15** “You and I are Jews by birth, not ‘sinners’ like the Gentiles. **16** Yet we know that a person is made right with God by faith in Jesus Christ, not by obeying the law. And we have believed in Christ Jesus, so that we might be made right with God because of our faith in Christ, not because we have obeyed the law. For no one will ever be made right with God by obeying the law.”

**17** But suppose we seek to be made right with God through faith in Christ and then we are found guilty because we have abandoned the law. Would that mean Christ has led us into sin? Absolutely not! **18** Rather, I am a sinner if I rebuild the old system of law I already tore down. **19** For when I tried to keep the law, it condemned me. So I died to the law—I stopped trying to meet all its requirements—so that I might live for God.

- G Galatians 2:14 : [1 Tim. 5:20](#)  
H Galatians 2:14 : [See ver. 12](#)  
I Galatians 2:15 : [ver. 17](#); [\[Eph. 2:3, 12\]](#)  
J Galatians 2:16 : [ch. 3:11](#); [See Acts 13:39](#)  
K Galatians 2:16 : [See Rom. 9:30](#)  
L Galatians 2:16 : [Rom. 3:20](#); [\[Ps. 143:2\]](#)  
M Galatians 2:17 : [ver. 15](#)  
N Galatians 2:19 : [See Rom. 6:2; 7:4](#)  
O Galatians 2:19 : [Luke 20:38](#); [Rom. 6:11; 14:7, 8; 2 Cor. 5:15; 1 Thess. 5:10](#); [Heb. 9:14](#); [1 Pet. 4:2](#)

**WEEK 6**

**SOLITUDE: JOURNALING**

As God speaks to you through His Word write down what is impacting you, what He is saying to you personally and/or your response back to Him.

## WEEK 6

## SOLITUDE: OPTIONAL COMPLEMENTARY PASSAGE

Acts 10:1-43 (ESV)

**10** At Caesarea there was a man named Cornelius, a centurion of what was known as the Italian Cohort, **2** a devout man who feared God with all his household, gave alms generously to the people, and prayed continually to God. **3** About the ninth hour of the day he saw clearly in a vision an angel of God come in and say to him, "Cornelius." **4** And he stared at him in terror and said, "What is it, Lord?" And he said to him, "Your prayers and your alms have ascended as a memorial before God. **5** And now send men to Joppa and bring one Simon who is called Peter. **6** He is lodging with one Simon, a tanner, whose house is by the sea." **7** When the angel who spoke to him had departed, he called two of his servants and a devout soldier from among those who attended him, **8** and having related everything to them, he sent them to Joppa.

**9** The next day, as they were on their journey and approaching the city, Peter went up on the housetop about the sixth hour to pray. **10** And he became hungry and wanted something to eat, but while they were preparing it, he fell into a trance **11** and saw the heavens opened and something like a great sheet descending, being let down by its four corners upon the earth. **12** In it were all kinds of animals and reptiles and birds of the air. **13** And there came a voice to him: "Rise, Peter; kill and eat." **14** But Peter said, "By no means, Lord; for I have never eaten anything that is common or unclean." **15** And the voice came to him again a second time, "What God has made clean, do not call common." **16** This happened three times, and the thing was taken up at once to heaven.

**17** Now while Peter was inwardly perplexed as to what the vision that he had seen might mean, behold, the men who were sent by Cornelius, having made inquiry for Simon's house, stood at the gate **18** and called out to ask whether Simon who was called Peter was lodging there. **19** And while Peter was pondering the vision, the Spirit said to him, "Behold, three men are looking for you. **20** Rise and go down and accompany them without hesitation, for I have sent them." **21** And Peter went down to the men and said, "I am the one you are looking for. What is the reason for your coming?" **22** And they said, "Cornelius, a centurion, an upright and God-fearing man, who is well spoken of by the whole Jewish nation, was directed by a holy angel to send for you to come to his house and to hear what you have to say." **23** So he invited them in to be his guests.

The next day he rose and went away with them, and some of the brothers from Joppa accompanied him. **24** And on the following day they entered Caesarea. Cornelius was expecting them and had called together his relatives and close friends. **25** When Peter entered, Cornelius met him and fell down at his feet and worshiped him. **26** But Peter lifted him up, saying, "Stand up; I too am a man." **27** And as he talked with him, he went in and found many persons gathered. **28** And he said to them, "You yourselves know how unlawful it is for a Jew to associate with or to visit anyone of another nation, but God has shown me that I should not call any person common or unclean. **29** So when I was sent for, I came without objection. I ask then why you sent for me."

**30** And Cornelius said, "Four days ago, about this hour, I was praying in my house at the ninth hour, and behold, a man stood before me in bright clothing **31** and said, 'Cornelius, your prayer has been heard and your alms have been remembered before God. **32** Send therefore to Joppa and ask for Simon who is called Peter. He is lodging in the house of Simon, a tanner, by the sea.' **33** So I sent for you at once, and you have been kind enough to come. Now therefore we are all here in the presence of God to hear all that you have been commanded by the Lord."

**34** So Peter opened his mouth and said: "Truly I understand that God shows no partiality, **35** but in every nation anyone who fears him and does what is right is acceptable to him. **36** As for the word that he sent to Israel, preaching good news of peace through Jesus Christ (he is Lord of all), **37** you yourselves know what happened throughout all Judea, beginning from Galilee after the baptism that John proclaimed: **38** how God anointed Jesus of Nazareth with the Holy Spirit and with power. He went



## WEEK 6

### SOLITUDE: OPTIONAL COMPLEMENTARY PASSAGE

about doing good and healing all who were oppressed by the devil, for God was with him. **39** And we are witnesses of all that he did both in the country of the Jews and in Jerusalem. They put him to death by hanging him on a tree, **40** but God raised him on the third day and made him to appear, **41** not to all the people but to us who had been chosen by God as witnesses, who ate and drank with him after he rose from the dead. **42** And he commanded us to preach to the people and to testify that he is the one appointed by God to be judge of the living and the dead. **43** To him all the prophets bear witness that everyone who believes in him receives forgiveness of sins through his name.”

WEEK 6

CELEBRATION: SERMON NOTES

How will what I heard impact my life this week?



## WEEK 7

## SOLITUDE: STUDYING OF &amp; MEDITATING ON GALATIANS 2:20-21

## Galatians 2:20-21 (ESV)

**20** I have been <sup>(A)</sup>crucified with Christ. It is no longer I who live, but Christ who lives <sup>(B)</sup>in me. And the life I now live in the flesh I live by faith in the Son of God, <sup>(C)</sup>who loved me and <sup>(D)</sup>gave himself for me. **21** I do not nullify the grace of God, for <sup>(E)</sup>if righteousness<sup>[a]</sup> were through the law, <sup>(F)</sup>then Christ died for no purpose.

## Galatians 2:20-21 (NLT)

**20** My old self has been crucified with Christ. It is no longer I who live, but Christ lives in me. So I live in this earthly body by trusting in the Son of God, who loved me and gave himself for me. **21** I do not treat the grace of God as meaningless. For if keeping the law could make us right with God, then there was no need for Christ to die.

## Footnotes:

a Galatians 2:21 Or *justification*

## Cross references:

- A Galatians 2:20 : [ch. 5:24; 6:14; Rom. 6:6](#)
- B Galatians 2:20 : [See John 17:23](#)
- C Galatians 2:20 : [See Rom. 8:37](#)
- D Galatians 2:20 : [See ch. 1:4](#)
- E Galatians 2:21 : [\[ch. 3:21; Heb. 7:11\]](#)
- F Galatians 2:21 : [\[ch. 5:4\]](#)

**WEEK 7**

**SOLITUDE: JOURNALING**

As God speaks to you through His Word write down what is impacting you, what He is saying to you personally and/or your response back to Him.

## WEEK 7

## SOLITUDE: OPTIONAL COMPLEMENTARY PASSAGE

## Romans 6:1-11 (ESV)

**6** What shall we say then? Are we to continue in sin that grace may abound? **2** By no means! How can we who died to sin still live in it? **3** Do you not know that all of us who have been baptized into Christ Jesus were baptized into his death? **4** We were buried therefore with him by baptism into death, in order that, just as Christ was raised from the dead by the glory of the Father, we too might walk in newness of life.

**5** For if we have been united with him in a death like his, we shall certainly be united with him in a resurrection like his. **6** We know that our old self was crucified with him in order that the body of sin might be brought to nothing, so that we would no longer be enslaved to sin. **7** For one who has died has been set free from sin. **8** Now if we have died with Christ, we believe that we will also live with him. **9** We know that Christ, being raised from the dead, will never die again; death no longer has dominion over him. **10** For the death he died he died to sin, once for all, but the life he lives he lives to God. **11** So you also must consider yourselves dead to sin and alive to God in Christ Jesus.

## WEEK 7

### **SOLITUDE: JOURNALING**

As God speaks to you through His Word write down what is impacting you, what He is saying to you personally and/or your response back to Him.

**WEEK 7**  
**CELEBRATION: SERMON NOTES**

How will what I heard impact my life this week?







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Based upon what you have discovered from your reflection exercise, consider what God's invitation to you is. Write down your response, a way that you can more fully join Him in what He is doing in your life.

Father, I see where you have been, and continue to be, at work in my life and I will join You in this by.... \_\_\_\_\_

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**A NOTE TO THE LEADERS:**

This reflection exercise is a very important part of the process of hearing from God and responding back to Him. It requires unhurried time for each person to share, interact with one another and prayer for each person specifically. Therefore, you are encouraged to allocate sufficient time to the accountability portion of your meeting (approx. 15-20 minutes per person). Depending on the size of your accountability groups, you may need to invest your full cell group meeting to this.

## WEEK 8 REFLECTION WEEK

## SOLITUDE: STUDYING OF &amp; MEDITATING ON GALATIANS 3:1-9

## Galatians 3:1-9 (ESV)

**3** O foolish Galatians! Who has bewitched you? <sup>(A)</sup>It was before your eyes that Jesus Christ was publicly <sup>(B)</sup>portrayed as crucified. **2** Let me ask you only this: <sup>(C)</sup>Did you receive the Spirit by works of the law or by <sup>(D)</sup>hearing with faith? **3** Are you so foolish? <sup>(E)</sup>Having begun by the Spirit, are you now being perfected by <sup>(a)</sup>the flesh? **4** <sup>(F)</sup>Did you suffer<sup>(b)</sup> so many things in vain—if indeed it was in vain? **5** Does he who supplies the Spirit to you and <sup>(G)</sup>works miracles among you do so <sup>(H)</sup>by works of the law, or by hearing with faith— **6** just as <sup>(I)</sup>Abraham “believed God, and it was counted to him as righteousness”?

**7** Know then that it is <sup>(J)</sup>those of faith who are <sup>(K)</sup>the sons of Abraham. **8** And the Scripture, foreseeing that <sup>(L)</sup>God would justify<sup>(c)</sup> the Gentiles by faith, preached the gospel beforehand to Abraham, saying, <sup>(M)</sup>“In you shall all the nations be blessed.” **9** So then, those who are of faith are blessed along with Abraham, the man of faith.

## Footnotes:

- a Galatians 3:3 Or *now ending with*  
 b Galatians 3:4 Or *experience*  
 c Galatians 3:8 Or *count righteous*; also verses 11, 24

## Cross references:

- A Galatians 3:1 : [\[Num. 21:9\]](#)  
 B Galatians 3:1 : [\[1 Cor. 1:23\]](#)  
 C Galatians 3:2 : [ver. 14; Eph. 1:13; Heb. 6:4; See Acts 15:8](#)  
 D Galatians 3:2 : [Rom. 10:17](#)  
 E Galatians 3:3 : [Phil. 1:6; \[ch. 4:9\]](#)

## Galatians 3:1-9 (NLT)

**3** Oh, foolish Galatians! Who has cast an evil spell on you? For the meaning of Jesus Christ's death was made as clear to you as if you had seen a picture of his death on the cross. **2** Let me ask you this one question: Did you receive the Holy Spirit by obeying the law of Moses? Of course not! You received the Spirit because you believed the message you heard about Christ. **3** How foolish can you be? After starting your new lives in the Spirit, why are you now trying to become perfect by your own human effort? **4** Have you experienced so much for nothing? Surely it was not in vain, was it?

**5** I ask you again, does God give you the Holy Spirit and work miracles among you because you obey the law? Of course not! It is because you believe the message you heard about Christ.

**6** In the same way, “Abraham believed God, and God counted him as righteous because of his faith.” **7** The real children of Abraham, then, are those who put their faith in God.

**8** What's more, the Scriptures looked forward to this time when God would make the Gentiles right in his sight because of their faith. God proclaimed this good news to Abraham long ago when he said, “All nations will be blessed through you.” **9** So all who put their faith in Christ share the same blessing Abraham received because of his faith.

- F Galatians 3:4 : [1 Cor. 15:2; \[Heb. 10:35; 2 John 8\]](#)  
 G Galatians 3:5 : [\[1 Cor. 12:10\]](#)  
 H Galatians 3:5 : [ver. 2](#)  
 I Galatians 3:6 : [Cited from Gen. 15:6; \[Rom. 4:9, 21, 22\]; See Rom. 4:3](#)  
 J Galatians 3:7 : [ver. 9](#)  
 K Galatians 3:7 : [See Luke 19:9](#)  
 L Galatians 3:8 : [See Rom. 3:30](#)  
 M Galatians 3:8 : [Cited from Gen. 12:3](#)

WEEK 8  
SOLITUDE: JOURNALING

## WEEK 8

## SOLITUDE: OPTIONAL COMPLEMENTARY PASSAGE

## Genesis 15 (ESV)

**15** After these things the word of the Lord came to Abram in a vision: "Fear not, Abram, I am your shield; your reward shall be very great." **2** But Abram said, "O Lord God, what will you give me, for I continue childless, and the heir of my house is Eliezer of Damascus?" **3** And Abram said, "Behold, you have given me no offspring, and a member of my household will be my heir." **4** And behold, the word of the Lord came to him: "This man shall not be your heir; your very own son shall be your heir." **5** And he brought him outside and said, "Look toward heaven, and number the stars, if you are able to number them." Then he said to him, "So shall your offspring be." **6** And he believed the Lord, and he counted it to him as righteousness.

**7** And he said to him, "I am the Lord who brought you out from Ur of the Chaldeans to give you this land to possess." **8** But he said, "O Lord God, how am I to know that I shall possess it?" **9** He said to him, "Bring me a heifer three years old, a female goat three years old, a ram three years old, a turtledove, and a young pigeon." **10** And he brought him all these, cut them in half, and laid each half over against the other. But he did not cut the birds in half. **11** And when birds of prey came down on the carcasses, Abram drove them away.

**12** As the sun was going down, a deep sleep fell on Abram. And behold, dreadful and great darkness fell upon him. **13** Then the Lord said to Abram, "Know for certain that your offspring will be sojourners in a land that is not theirs and will be servants there, and they will be afflicted for four hundred years. **14** But I will bring judgment on the nation that they serve, and afterward they shall come out with great possessions. **15** As for you, you shall go to your fathers in peace; you shall be buried in a good old age. **16** And they shall come back here in the fourth generation, for the iniquity of the Amorites is not yet complete."

**17** When the sun had gone down and it was dark, behold, a smoking fire pot and a flaming torch passed between these pieces. **18** On that day the Lord made a covenant with Abram, saying, "To your offspring I give this land, from the river of Egypt to the great river, the river Euphrates, **19** the land of the Kenites, the Kenizzites, the Kadmonites, **20** the Hittites, the Perizzites, the Rephaim, **21** the Amorites, the Canaanites, the Girgashites and the Jebusites."

## WEEK 8

### **SOLITUDE: JOURNALING**

As God speaks to you through His Word write down what is impacting you, what He is saying to you personally and/or your response back to Him.

WEEK 8

CELEBRATION: SERMON NOTES

How will what I heard impact my life this week?





## WEEK 9

## SOLITUDE: STUDYING OF &amp; MEDITATING ON GALATIANS 3:10-18

## Galatians 3:10-18 (ESV)

**10** For all who rely on works of the law are <sup>(A)</sup>under a curse; for it is written, <sup>(B)</sup>“Cursed be everyone who does not <sup>(C)</sup>abide by all things written in the Book of the Law, and do them.” **11** Now it is evident that **(D)**no one is justified before God by the law, for <sup>(E)</sup>“The righteous shall live by faith.”<sup>[a]</sup> **12** But the law is not of faith, rather <sup>(F)</sup>“The one who does them shall live by them.” **13** Christ <sup>(G)</sup>redeemed us from the curse of the law by becoming a curse for us—for it is written, <sup>(H)</sup>“Cursed is everyone who is hanged <sup>(I)</sup>on a tree”— **14** so that in Christ Jesus the blessing of Abraham might <sup>(J)</sup>come to the Gentiles, so that <sup>(K)</sup>we might receive <sup>(L)</sup>the promised Spirit<sup>[b]</sup> through faith.

**15** <sup>(M)</sup>To give a human example, brothers:<sup>[c]</sup> <sup>(N)</sup>even with a man-made covenant, no one annuls it or adds to it once it has been ratified. **16** Now <sup>(O)</sup>the promises were made <sup>(P)</sup>to Abraham and to his offspring. It does not say, “And to offsprings,” referring to many, but referring to one, <sup>(Q)</sup>“And to your offspring,” who is Christ. **17** This is what I mean: the law, which came <sup>(R)</sup>430 years afterward, does not annul a covenant previously ratified by God, so as <sup>(S)</sup>to make the promise void. **18** For if the inheritance comes by the law, it no longer comes by promise; but <sup>(T)</sup>God gave it to Abraham by a promise.

## Galatians 3:10-18 (NLT)

**10** But those who depend on the law to make them right with God are under his curse, for the Scriptures say, “Cursed is everyone who does not observe and obey all the commands that are written in God’s Book of the Law.” **11** So it is clear that no one can be made right with God by trying to keep the law. For the Scriptures say, “It is through faith that a righteous person has life.” **12** This way of faith is very different from the way of law, which says, “It is through obeying the law that a person has life.”

**13** But Christ has rescued us from the curse pronounced by the law. When he was hung on the cross, he took upon himself the curse for our wrongdoing. For it is written in the Scriptures, “Cursed is everyone who is hung on a tree.” **14** Through Christ Jesus, God has blessed the Gentiles with the same blessing he promised to Abraham, so that we who are believers might receive the promised Holy Spirit through faith.

**15** Dear brothers and sisters, here’s an example from everyday life. Just as no one can set aside or amend an irrevocable agreement, so it is in this case. **16** God gave the promises to Abraham and his child. And notice that the Scripture doesn’t say “to his children,” as if it meant many descendants. Rather, it says “to his child”—and that, of course, means Christ. **17** This is what I am trying to say: The agreement God made with Abraham could not be canceled 430 years later when God gave the law to Moses. God would be breaking his promise. **18** For if the inheritance could be received by keeping the law, then it would not be the result of accepting God’s promise. But God graciously gave it to Abraham as a promise.

## Footnotes:

- a Galatians 3:11 Or *The one who by faith is righteous will live*  
 b Galatians 3:14 Greek *receive the promise of the Spirit*  
 c Galatians 3:15 Or *brothers and sisters*

## Cross references:

- A Galatians 3:10 : [\[ch. 5:4\]](#); [See Rom. 4:15](#)  
 B Galatians 3:10 : [Cited from Deut. 27:26](#); [\[Jer. 11:3; Ezek. 18:4\]](#)  
 C Galatians 3:10 : [\[Matt. 5:19\]](#)  
 D Galatians 3:11 : [See ch. 2:16](#)  
 E Galatians 3:11 : [Rom. 1:17](#); [Heb. 10:38](#); [Cited from Hab. 2:4](#)  
 F Galatians 3:12 : [Cited from Lev. 18:5](#); [See Rom. 10:5](#)  
 G Galatians 3:13 : [ch. 4:5](#); [\[Rev. 22:3\]](#); [See 2 Pet. 2:1](#)  
 H Galatians 3:13 : [Cited from Deut. 21:23](#)

- I Galatians 3:13 : [See Acts 5:30](#)  
 J Galatians 3:14 : [Rom. 4:9, 16](#); [\[ver. 28\]](#)  
 K Galatians 3:14 : [ver. 2](#)  
 L Galatians 3:14 : [Acts 2:33](#); [\[Isa. 32:15; 44:3; Joel 2:28; John 7:39; Eph. 1:13\]](#)  
 M Galatians 3:15 : [See Rom. 3:5](#)  
 N Galatians 3:15 : [\[Heb. 9:17\]](#)  
 O Galatians 3:16 : [Rom. 4:13, 16](#); [See Luke 1:55](#)  
 P Galatians 3:16 : [Gen. 12:7](#); [Acts 13:32](#)  
 Q Galatians 3:16 : [Acts 3:25](#)  
 R Galatians 3:17 : [Ex. 12:40, 41](#); [\[Gen. 15:13; Acts 7:6\]](#)  
 S Galatians 3:17 : [Rom. 4:14](#)  
 T Galatians 3:18 : [\[Heb. 6:13, 14\]](#)

## WEEK 9

### **SOLITUDE: JOURNALING**

As God speaks to you through His Word write down what is impacting you, what He is saying to you personally and/or your response back to Him.

## WEEK 9

## SOLITUDE: OPTIONAL COMPLEMENTARY PASSAGE

## Romans 3 (ESV)

<sup>3</sup> Then what advantage has the Jew? Or what is the value of circumcision? <sup>2</sup> Much in every way. To begin with, the Jews were entrusted with the oracles of God. <sup>3</sup> What if some were unfaithful? Does their faithlessness nullify the faithfulness of God? <sup>4</sup> By no means! Let God be true though every one were a liar, as it is written,

“That you may be justified in your words,  
and prevail when you are judged.”

<sup>5</sup> But if our unrighteousness serves to show the righteousness of God, what shall we say? That God is unrighteous to inflict wrath on us? (I speak in a human way.) <sup>6</sup> By no means! For then how could God judge the world? <sup>7</sup> But if through my lie God's truth abounds to his glory, why am I still being condemned as a sinner? <sup>8</sup> And why not do evil that good may come?—as some people slanderously charge us with saying. Their condemnation is just.

<sup>9</sup> What then? Are we Jews any better off? No, not at all. For we have already charged that all, both Jews and Greeks, are under sin, <sup>10</sup> as it is written:

“None is righteous, no, not one;

<sup>11</sup> no one understands;  
no one seeks for God.

<sup>12</sup> All have turned aside; together they have become worthless;  
no one does good,  
not even one.”

<sup>13</sup> “Their throat is an open grave;  
they use their tongues to deceive.”

“The venom of asps is under their lips.”

<sup>14</sup> “Their mouth is full of curses and bitterness.”

<sup>15</sup> “Their feet are swift to shed blood;

<sup>16</sup> in their paths are ruin and misery,

<sup>17</sup> and the way of peace they have not known.”

<sup>18</sup> “There is no fear of God before their eyes.”

<sup>19</sup> Now we know that whatever the law says it speaks to those who are under the law, so that every mouth may be stopped, and the whole world may be held accountable to God. <sup>20</sup> For by works of the law no human being will be justified in his sight, since through the law comes knowledge of sin.

<sup>21</sup> But now the righteousness of God has been manifested apart from the law, although the Law and the Prophets bear witness to it— <sup>22</sup> the righteousness of God through faith in Jesus Christ for all who believe. For there is no distinction: <sup>23</sup> for all have sinned and fall short of the glory of God, <sup>24</sup> and are justified by his grace as a gift, through the redemption that is in Christ Jesus, <sup>25</sup> whom God put forward as a propitiation by his blood, to be received by faith. This was to show God's righteousness, because in his divine forbearance he had passed over former sins. <sup>26</sup> It was to show his righteousness at the present time, so that he might be just and the justifier of the one who has faith in Jesus.

<sup>27</sup> Then what becomes of our boasting? It is excluded. By what kind of law? By a law of works? No, but by the law of faith. <sup>28</sup> For we hold that one is justified by faith apart from works of the law. <sup>29</sup> Or is God the God of Jews only? Is he not the God of Gentiles also? Yes, of Gentiles also, <sup>30</sup> since God is one— who will justify the circumcised by faith and the uncircumcised through faith. <sup>31</sup> Do we then overthrow the law by this faith? By no means! On the contrary, we uphold the law.

## WEEK 9

### **SOLITUDE: JOURNALING**

As God speaks to you through His Word write down what is impacting you, what He is saying to you personally and/or your response back to Him.

WEEK 9  
CELEBRATION: SERMON NOTES

How will what I heard impact my life this week?



## WEEK 10

## SOLITUDE: STUDYING OF &amp; MEDITATING ON GALATIANS 3:19-29

## Galatians 3:19-29 (ESV)

**19** Why then the law? <sup>(A)</sup>It was added because of transgressions, <sup>(B)</sup>until the offspring should come to whom the promise had been made, and it was <sup>(C)</sup>put in place through angels <sup>(D)</sup>by an intermediary. **20** Now <sup>(E)</sup>an intermediary implies more than one, but <sup>(F)</sup>God is one.

**21** Is the law then contrary to the promises of God? Certainly not! For <sup>(G)</sup>if a law had been given that could give life, then righteousness would indeed be by the law.

**22** But the Scripture <sup>(H)</sup>imprisoned everything under sin, so that <sup>(I)</sup>the promise by faith in Jesus Christ might be given <sup>(J)</sup>to those who believe.

**23** Now before faith came, we were held captive under the law, <sup>(K)</sup>imprisoned until the coming faith would be revealed.

**24** So then, <sup>(L)</sup>the law was our <sup>(M)</sup>guardian until Christ came, <sup>(N)</sup>in order that we might be justified by faith. **25** But now that faith has come, we are no longer under a guardian, **26** for in Christ Jesus <sup>(O)</sup>you are all sons of God, through faith. **27** For as many of you as <sup>(P)</sup>were baptized <sup>(Q)</sup>into Christ have <sup>(R)</sup>put on Christ. **28** <sup>(S)</sup>There is neither Jew nor Greek, there is neither slave<sup>[a]</sup> nor free, <sup>(T)</sup>there is no male and female, for you are all one in Christ Jesus.

**29** And <sup>(U)</sup>if you are Christ's, then you are Abraham's offspring, <sup>(V)</sup>heirs according to promise.

## Galatians 3:19-29 (NLT)

**19** Why, then, was the law given? It was given alongside the promise to show people their sins. But the law was designed to last only until the coming of the child who was promised. God gave his law through angels to Moses, who was the mediator between God and the people. **20** Now a mediator is helpful if more than one party must reach an agreement. But God, who is one, did not use a mediator when he gave his promise to Abraham.

**21** Is there a conflict, then, between God's law and God's promises? Absolutely not! If the law could give us new life, we could be made right with God by obeying it. **22** But the Scriptures declare that we are all prisoners of sin, so we receive God's promise of freedom only by believing in Jesus Christ.

**23** Before the way of faith in Christ was available to us, we were placed under guard by the law. We were kept in protective custody, so to speak, until the way of faith was revealed.

**24** Let me put it another way. The law was our guardian until Christ came; it protected us until we could be made right with God through faith. **25** And now that the way of faith has come, we no longer need the law as our guardian.

**26** For you are all children of God through faith in Christ Jesus. **27** And all who have been united with Christ in baptism have put on Christ, like putting on new clothes. **28** There is no longer Jew or Gentile, slave or free, male and female. For you are all one in Christ Jesus. **29** And now that you belong to Christ, you are the true children of Abraham. You are his heirs, and God's promise to Abraham belongs to you.

## Footnotes:

a Galatians 3:28 For the contextual rendering of the Greek word *doulos*, see Preface

## Cross references:

A Galatians 3:19 : [\[Rom. 4:15\]](#)

B Galatians 3:19 : [ver. 16](#)

C Galatians 3:19 : [Acts 7:53; Heb. 2:2](#)

D Galatians 3:19 : [Ex. 20:19, 21, 22; Deut. 5:5, 22, 23, 27, 31; Acts 7:38](#)

E Galatians 3:20 : [1 Tim. 2:5; Heb. 8:6; 9:15; 12:24; \[Heb. 6:17\]](#)

F Galatians 3:20 : [Rom. 3:30](#)

G Galatians 3:21 : [See ch. 2:21](#)

H Galatians 3:22 : [Rom. 11:32; See Rom. 3:9](#)

I Galatians 3:22 : [Rom. 4:16](#)

J Galatians 3:22 : [See Acts 10:43](#)

K Galatians 3:23 : [\[1 Pet. 1:5\]](#)

L Galatians 3:24 : [\[Matt. 5:17; Rom. 10:4; Col. 2:17; Heb. 9:9, 10\]](#)

M Galatians 3:24 : [1 Cor. 4:15 \(Gk.\)](#)

N Galatians 3:24 : [ver. 11; See ch. 2:16](#)

O Galatians 3:26 : [ch. 4:5, 6; \[John 1:12\]; See Rom. 8:14-16](#)

P Galatians 3:27 : [Rom. 6:3](#)

Q Galatians 3:27 : [See Acts 8:16](#)

R Galatians 3:27 : [See Rom. 13:14](#)

S Galatians 3:28 : [\[ver. 14; ch. 5:6; 6:15\]; See Rom. 3:30; 1 Cor. 12:13](#)

T Galatians 3:28 : [1 Cor. 11:11](#)

U Galatians 3:29 : [See Rom. 9:7; 1 Cor. 3:23](#)

V Galatians 3:29 : [ch. 4:1, 7; Rom. 8:17; Eph. 3:6; \[ch. 4:28; 2 Tim. 1:1; Titus 1:2; Heb. 9:15\]](#)



## WEEK 10

### **SOLITUDE: JOURNALING**

As God speaks to you through His Word write down what is impacting you, what He is saying to you personally and/or your response back to Him.

## WEEK 10

## SOLITUDE: OPTIONAL COMPLEMENTARY PASSAGE

## Romans 4 (ESV)

**4** What then shall we say was gained by Abraham, our forefather according to the flesh? **2** For if Abraham was justified by works, he has something to boast about, but not before God. **3** For what does the Scripture say? “Abraham believed God, and it was counted to him as righteousness.” **4** Now to the one who works, his wages are not counted as a gift but as his due. **5** And to the one who does not work but believes in him who justifies the ungodly, his faith is counted as righteousness, **6** just as David also speaks of the blessing of the one to whom God counts righteousness apart from works:

**7** “Blessed are those whose lawless deeds are forgiven,  
and whose sins are covered;

**8** blessed is the man against whom the Lord will not count his sin.”

**9** Is this blessing then only for the circumcised, or also for the uncircumcised? For we say that faith was counted to Abraham as righteousness. **10** How then was it counted to him? Was it before or after he had been circumcised? It was not after, but before he was circumcised. **11** He received the sign of circumcision as a seal of the righteousness that he had by faith while he was still uncircumcised. The purpose was to make him the father of all who believe without being circumcised, so that righteousness would be counted to them as well, **12** and to make him the father of the circumcised who are not merely circumcised but who also walk in the footsteps of the faith that our father Abraham had before he was circumcised.

**13** For the promise to Abraham and his offspring that he would be heir of the world did not come through the law but through the righteousness of faith. **14** For if it is the adherents of the law who are to be the heirs, faith is null and the promise is void. **15** For the law brings wrath, but where there is no law there is no transgression.

**16** That is why it depends on faith, in order that the promise may rest on grace and be guaranteed to all his offspring—not only to the adherent of the law but also to the one who shares the faith of Abraham, who is the father of us all, **17** as it is written, “I have made you the father of many nations”—in the presence of the God in whom he believed, who gives life to the dead and calls into existence the things that do not exist. **18** In hope he believed against hope, that he should become the father of many nations, as he had been told, “So shall your offspring be.” **19** He did not weaken in faith when he considered his own body, which was as good as dead (since he was about a hundred years old), or when he considered the barrenness of Sarah’s womb. **20** No unbelief made him waver concerning the promise of God, but he grew strong in his faith as he gave glory to God, **21** fully convinced that God was able to do what he had promised. **22** That is why his faith was “counted to him as righteousness.” **23** But the words “it was counted to him” were not written for his sake alone, **24** but for ours also. It will be counted to us who believe in him who raised from the dead Jesus our Lord, **25** who was delivered up for our trespasses and raised for our justification.

## WEEK 10

### **SOLITUDE: JOURNALING**

As God speaks to you through His Word write down what is impacting you, what He is saying to you personally and/or your response back to Him.

**WEEK 10**  
**CELEBRATION: SERMON NOTES**

How will what I heard impact my life this week?



## WEEK 11

## SOLITUDE: STUDYING OF &amp; MEDITATING ON GALATIANS 4:1-11

## Galatians 4:1-11 (ESV)

**4** I mean that the heir, as long as he is a child, is no different from a slave,<sup>[a]</sup> though he is the owner of everything, **2** but he is under guardians and managers until the date set by his father. **3** In the same way we also, when we were children, <sup>(A)</sup>were enslaved to the elementary principles<sup>[b]</sup> of the world. **4** But <sup>(B)</sup>when the fullness of time had come, God sent forth his Son, <sup>(C)</sup>born <sup>(D)</sup>of woman, born <sup>(E)</sup>under the law, **5** <sup>(F)</sup>to redeem those who were under the law, so that we might receive <sup>(G)</sup>adoption as sons. **6** And because you are sons, God has sent <sup>(H)</sup>the Spirit of his Son into our hearts, crying, “Abba! Father!” **7** So you are no longer a slave, but a son, and if a son, then <sup>(I)</sup>an heir through God.

**8** Formerly, when you <sup>(J)</sup>did not know God, you <sup>(K)</sup>were enslaved to those that by nature <sup>(L)</sup>are not gods. **9** But now that you have come to know God, or rather <sup>(M)</sup>to be known by God, <sup>(N)</sup>how can you turn back again to <sup>(O)</sup>the weak and worthless elementary principles of the world, whose slaves you want to be once more? **10** <sup>(P)</sup>You observe days and months and seasons and years! **11** I am afraid <sup>(Q)</sup>I may have labored over you in vain.

## Footnotes:

- a Galatians 4:1 For the contextual rendering of the Greek word *doulos*, see Preface; also verse 7  
b Galatians 4:3 Or *elemental spirits*; also verse 9

## Cross references:

- A Galatians 4:3 : [See ch. 2:4](#)  
B Galatians 4:4 : [\[1 Tim. 2:6\]](#); [See Mark 1:15](#)  
C Galatians 4:4 : [Phil. 2:7](#); [See John 1:14](#)  
D Galatians 4:4 : [\[1 Tim. 2:15\]](#); [See Gen. 3:15](#)  
E Galatians 4:4 : [\[Luke 2:21, 22, 27\]](#)  
F Galatians 4:5 : [See ch. 3:13](#)  
G Galatians 4:5 : [ch. 3:26](#); [See Rom. 8:15](#)

## Galatians 4:1-11 (NLT)

**4** Think of it this way. If a father dies and leaves an inheritance for his young children, those children are not much better off than slaves until they grow up, even though they actually own everything their father had. **2** They have to obey their guardians until they reach whatever age their father set. **3** And that’s the way it was with us before Christ came. We were like children; we were slaves to the basic spiritual principles of this world.

**4** But when the right time came, God sent his Son, born of a woman, subject to the law. **5** God sent him to buy freedom for us who were slaves to the law, so that he could adopt us as his very own children. **6** And because we are his children, God has sent the Spirit of his Son into our hearts, prompting us to call out, “Abba, Father.” **7** Now you are no longer a slave but God’s own child. And since you are his child, God has made you his heir.

**8** Before you Gentiles knew God, you were slaves to so-called gods that do not even exist. **9** So now that you know God (or should I say, now that God knows you), why do you want to go back again and become slaves once more to the weak and useless spiritual principles of this world? **10** You are trying to earn favor with God by observing certain days or months or seasons or years. **11** I fear for you. Perhaps all my hard work with you was for nothing.

- H Galatians 4:6 : [\[Rom. 5:5; 2 Cor. 3:17\]](#); [See Acts 16:7](#)  
I Galatians 4:7 : [See ch. 3:29](#)  
J Galatians 4:8 : [1 Cor. 1:21](#); [1 Thess. 4:5](#); [2 Thess. 1:8](#); [1 John 4:8](#)  
K Galatians 4:8 : [\[Eph. 2:11, 12; 1 Thess. 1:9\]](#)  
L Galatians 4:8 : [2 Chr. 13:9](#); [Isa. 37:19](#); [Jer. 2:11](#); [5:7](#); [16:20](#); [\[1 Cor. 8:4\]](#)  
M Galatians 4:9 : [See 1 Cor. 8:3](#)  
N Galatians 4:9 : [\[ch. 3:3\]](#)  
O Galatians 4:9 : [Rom. 8:3](#); [Heb. 7:18](#)  
P Galatians 4:10 : [Rom. 14:5](#); [Col. 2:16](#)  
Q Galatians 4:11 : [ch. 2:2](#); [5:2, 4](#); [1 Thess. 3:5](#)

## WEEK 11

### **SOLITUDE: JOURNALING**

As God speaks to you through His Word write down what is impacting you, what He is saying to you personally and/or your response back to Him.

## WEEK 11

## SOLITUDE: OPTIONAL COMPLEMENTARY PASSAGE

## Romans 8 (ESV)

**8** There is therefore now no condemnation for those who are in Christ Jesus. **2** For the law of the Spirit of life has set you free in Christ Jesus from the law of sin and death. **3** For God has done what the law, weakened by the flesh, could not do. By sending his own Son in the likeness of sinful flesh and for sin, he condemned sin in the flesh, **4** in order that the righteous requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. **5** For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. **6** For to set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. **7** For the mind that is set on the flesh is hostile to God, for it does not submit to God's law; indeed, it cannot. **8** Those who are in the flesh cannot please God.

**9** You, however, are not in the flesh but in the Spirit, if in fact the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. **10** But if Christ is in you, although the body is dead because of sin, the Spirit is life because of righteousness. **11** If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ Jesus from the dead will also give life to your mortal bodies through his Spirit who dwells in you.

**12** So then, brothers, we are debtors, not to the flesh, to live according to the flesh. **13** For if you live according to the flesh you will die, but if by the Spirit you put to death the deeds of the body, you will live. **14** For all who are led by the Spirit of God are sons of God. **15** For you did not receive the spirit of slavery to fall back into fear, but you have received the Spirit of adoption as sons, by whom we cry, "Abba! Father!" **16** The Spirit himself bears witness with our spirit that we are children of God, **17** and if children, then heirs—heirs of God and fellow heirs with Christ, provided we suffer with him in order that we may also be glorified with him.

**18** For I consider that the sufferings of this present time are not worth comparing with the glory that is to be revealed to us. **19** For the creation waits with eager longing for the revealing of the sons of God. **20** For the creation was subjected to futility, not willingly, but because of him who subjected it, in hope **21** that the creation itself will be set free from its bondage to corruption and obtain the freedom of the glory of the children of God. **22** For we know that the whole creation has been groaning together in the pains of childbirth until now. **23** And not only the creation, but we ourselves, who have the firstfruits of the Spirit, groan inwardly as we wait eagerly for adoption as sons, the redemption of our bodies. **24** For in this hope we were saved. Now hope that is seen is not hope. For who hopes for what he sees? **25** But if we hope for what we do not see, we wait for it with patience.

**26** Likewise the Spirit helps us in our weakness. For we do not know what to pray for as we ought, but the Spirit himself intercedes for us with groanings too deep for words. **27** And he who searches hearts knows what is the mind of the Spirit, because the Spirit intercedes for the saints according to the will of God. **28** And we know that for those who love God all things work together for good, for those who are called according to his purpose. **29** For those whom he foreknew he also predestined to be conformed to the image of his Son, in order that he might be the firstborn among many brothers. **30** And those whom he predestined he also called, and those whom he called he also justified, and those whom he justified he also glorified.

**31** What then shall we say to these things? If God is for us, who can be against us? **32** He who did not spare his own Son but gave him up for us all, how will he not also with him graciously give us all things? **33** Who shall bring any charge against God's elect? It is God who justifies. **34** Who is to condemn? Christ Jesus is the one who died—more than that, who was raised—who is at the right hand of God, who indeed is interceding for us. **35** Who shall separate us from the love of Christ? Shall tribulation, or distress, or persecution, or famine, or nakedness, or danger, or sword? **36** As it is written,



**WEEK 11****SOLITUDE: OPTIONAL COMPLEMENTARY PASSAGE**

“For your sake we are being killed all the day long;  
we are regarded as sheep to be slaughtered.”

**37** No, in all these things we are more than conquerors through him who loved us. **38** For I am sure that neither death nor life, nor angels nor rulers, nor things present nor things to come, nor powers, **39** nor height nor depth, nor anything else in all creation, will be able to separate us from the love of God in Christ Jesus our Lord.

**WEEK 11**

**CELEBRATION: SERMON NOTES**

How will what I heard impact my life this week?



## WEEK 12

## SOLITUDE: STUDYING OF &amp; MEDITATING ON GALATIANS 4:12-20

## Galatians 4:12-20 (ESV)

12 Brothers,<sup>[a]</sup> (A) I entreat you, become as I am, for I also have become as you are. <sup>(B)</sup>You did me no wrong. 13 You know it was <sup>(C)</sup>because of a bodily ailment that I preached the gospel to you <sup>(D)</sup>at first, 14 and though my condition was a trial to you, you did not scorn or despise me, but received me <sup>(E)</sup>as an angel of God, <sup>(F)</sup>as Christ Jesus. 15 What then has become of your blessedness? For I testify to you that, if possible, you would have gouged out your eyes and given them to me. 16 Have I then become your enemy by <sup>(G)</sup>telling you the truth?<sup>[b]</sup> 17 They make much of you, but for no good purpose. They want to shut you out, that you may make much of them. 18 It is always good to be made much of for a good purpose, and <sup>(H)</sup>not only when I am present with you, 19 <sup>(I)</sup>my little children, <sup>(J)</sup>for whom I am again in the anguish of childbirth until Christ <sup>(K)</sup>is formed in you! 20 I wish I could be present with you now and change my tone, for I am perplexed about you.

## Galatians 4:12-20 (NLT)

12 Dear brothers and sisters, I plead with you to live as I do in freedom from these things, for I have become like you Gentiles—free from those laws.

You did not mistreat me when I first preached to you. 13 Surely you remember that I was sick when I first brought you the Good News. 14 But even though my condition tempted you to reject me, you did not despise me or turn me away. No, you took me in and cared for me as though I were an angel from God or even Christ Jesus himself. 15 Where is that joyful and grateful spirit you felt then? I am sure you would have taken out your own eyes and given them to me if it had been possible. 16 Have I now become your enemy because I am telling you the truth?

17 Those false teachers are so eager to win your favor, but their intentions are not good. They are trying to shut you off from me so that you will pay attention only to them. 18 If someone is eager to do good things for you, that's all right; but let them do it all the time, not just when I'm with you.

19 Oh, my dear children! I feel as if I'm going through labor pains for you again, and they will continue until Christ is fully developed in your lives. 20 I wish I were with you right now so I could change my tone. But at this distance I don't know how else to help you.

## Footnotes:

- a Galatians 4:12 Or *Brothers and sisters*; also verses 28, 31  
b Galatians 4:16 Or *by dealing truthfully with you*

## Cross references:

- A Galatians 4:12 : [\[2 Cor. 6:13\]](#)  
B Galatians 4:12 : [\[2 Cor. 2:5\]](#)  
C Galatians 4:13 : [See 1 Cor. 2:3](#)  
D Galatians 4:13 : [\[ch. 1:6\]](#)  
E Galatians 4:14 : [1 Sam. 29:9](#); [\[Mal. 2:7 \(Gk.\); 2 Cor. 5:20\]](#)  
F Galatians 4:14 : [See Matt. 10:40](#)  
G Galatians 4:16 : [See ch. 2:5](#)  
H Galatians 4:18 : [\[ver. 13\]](#)  
I Galatians 4:19 : [\[1 Cor. 4:15; Philem. 10\]](#)  
J Galatians 4:19 : [\[James 1:18\]](#)  
K Galatians 4:19 : [Rom. 8:10](#)

## WEEK 12

### **SOLITUDE: JOURNALING**

As God speaks to you through His Word write down what is impacting you, what He is saying to you personally and/or your response back to Him.

## WEEK 12

## SOLITUDE: OPTIONAL COMPLEMENTARY PASSAGE

**2 Corinthians 12:1-10 (ESV)**

**12** I must go on boasting. Though there is nothing to be gained by it, I will go on to visions and revelations of the Lord. **2** I know a man in Christ who fourteen years ago was caught up to the third heaven—whether in the body or out of the body I do not know, God knows. **3** And I know that this man was caught up into paradise—whether in the body or out of the body I do not know, God knows—**4** and he heard things that cannot be told, which man may not utter. **5** On behalf of this man I will boast, but on my own behalf I will not boast, except of my weaknesses—**6** though if I should wish to boast, I would not be a fool, for I would be speaking the truth; but I refrain from it, so that no one may think more of me than he sees in me or hears from me. **7** So to keep me from becoming conceited because of the surpassing greatness of the revelations, a thorn was given me in the flesh, a messenger of Satan to harass me, to keep me from becoming conceited. **8** Three times I pleaded with the Lord about this, that it should leave me. **9** But he said to me, “My grace is sufficient for you, for my power is made perfect in weakness.” Therefore I will boast all the more gladly of my weaknesses, so that the power of Christ may rest upon me. **10** For the sake of Christ, then, I am content with weaknesses, insults, hardships, persecutions, and calamities. For when I am weak, then I am strong.

**WEEK 12**

**SOLITUDE: JOURNALING**

As God speaks to you through His Word write down what is impacting you, what He is saying to you personally and/or your response back to Him.

**WEEK 12**  
**CELEBRATION: SERMON NOTES**

How will what I heard impact my life this week?



WEEK 12

**PERSONAL REFLECTION** (5 MINUTES)

Prayerfully consider your practice of Solitude over the previous week, as well as how God spoke to you as you lived the SCC lifestyle. Is God inviting you to.....

- Focus on your practice of “Loving God in Solitude”?
- Take a step of obedience?
- Repent from a sin?
- Trust and rest in a truth?
- Or something else?

This coming week God is inviting me to..... / My response to God's invitation is to....

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How I did with last week's accountability item...

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**GROUP ACCOUNTABILITY & PRAYER** (30-45 MINUTES)

Group Members' Accountability Items (& Other Items) to Pray For:

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## WEEK 13

## SOLITUDE: STUDYING OF &amp; MEDITATING ON ISAIAH 53

## Isaiah 53 (ESV)

53 <sup>(A)</sup>Who has believed what he has heard from us?<sup>[a]</sup>  
And to whom has <sup>(B)</sup>the arm of the Lord been revealed?

2 For he grew up before him like a young plant,  
<sup>(C)</sup>and like a root out of dry ground;  
<sup>(D)</sup>he had no form or majesty that we should look at him,  
and no beauty that we should desire him.

3 <sup>(E)</sup>He was despised and rejected<sup>[b]</sup> by men,  
a man of sorrows<sup>[c]</sup> and acquainted with<sup>[d]</sup> grief;<sup>[e]</sup>  
and as one from whom men hide their faces<sup>[f]</sup>  
he was despised, and <sup>(F)</sup>we esteemed him not.

4 <sup>(G)</sup>Surely he has borne our griefs  
and carried our sorrows;

yet we esteemed him stricken,  
<sup>(H)</sup>smitten by God, and afflicted.

5 <sup>(I)</sup>But he was pierced for our transgressions;  
he was crushed for our iniquities;  
upon him was the chastisement that brought us peace,  
<sup>(J)</sup>and with his wounds we are healed.

6 <sup>(K)</sup>All we like sheep have gone astray;  
we have turned—every one—to his own way;  
<sup>(L)</sup>and the Lord has laid on him  
the iniquity of us all.

7 He was oppressed, and he was afflicted,  
<sup>(M)</sup>yet he opened not his mouth;  
<sup>(N)</sup>like a <sup>(O)</sup>lamb that is led to the slaughter,  
and like a sheep that before its shearers is silent,  
so he opened not his mouth.

8 By oppression and judgment he was taken away;  
and as for his generation, <sup>(P)</sup>who considered  
that he was cut off out of the land of the living,  
stricken for the transgression of my people?

9 And they made his grave with the wicked  
<sup>(Q)</sup>and with a rich man in his death,  
although <sup>(R)</sup>he had done no violence,  
and there was no deceit in his mouth.

10 Yet <sup>(S)</sup>it was the will of the Lord to crush him;  
he has put him to grief;<sup>[g]</sup>  
<sup>(T)</sup>when his soul makes<sup>[h]</sup> an offering for guilt,  
he shall see his offspring; he shall prolong his days;  
<sup>(U)</sup>the will of the Lord shall prosper in his hand.

11 Out of the anguish of his soul he shall see<sup>[i]</sup> and be  
satisfied;

by his knowledge shall <sup>(V)</sup>the righteous one, my servant,  
<sup>(W)</sup>make many to be accounted righteous,  
<sup>(X)</sup>and he shall bear their iniquities.

12 <sup>(Y)</sup>Therefore I will divide him a portion with the many,<sup>[j]</sup>  
<sup>(Z)</sup>and he shall divide the spoil with the strong,<sup>[k]</sup>  
because he poured out his soul to death  
and was numbered with the transgressors;  
<sup>(AA)</sup>yet he bore the sin of many,  
and makes intercession for the transgressors.

## WEEK 13

### **SOLITUDE: JOURNALING**

As God speaks to you through His Word write down what is impacting you, what He is saying to you personally and/or your response back to Him.

## WEEK 13

## SOLITUDE: STUDYING OF &amp; MEDITATING ON ISAIAH 53

## Isaiah 53 (ESV)

53 Who has believed what he has heard from us?  
And to whom has the arm of the Lord been revealed?  
2 For he grew up before him like a young plant,  
and like a root out of dry ground;  
he had no form or majesty that we should look at him,  
and no beauty that we should desire him.  
3 He was despised and rejected by men,  
a man of sorrows and acquainted with grief;  
and as one from whom men hide their faces  
he was despised, and we esteemed him not.  
4 Surely he has borne our griefs  
and carried our sorrows;  
yet we esteemed him stricken,  
smitten by God, and afflicted.  
5 But he was pierced for our transgressions;  
he was crushed for our iniquities;  
upon him was the chastisement that brought us peace,  
and with his wounds we are healed.  
6 All we like sheep have gone astray;  
we have turned—every one—to his own way;  
and the Lord has laid on him  
the iniquity of us all.  
7 He was oppressed, and he was afflicted,  
yet he opened not his mouth;

like a lamb that is led to the slaughter,  
and like a sheep that before its shearers is silent,  
so he opened not his mouth.  
8 By oppression and judgment he was taken away;  
and as for his generation, who considered  
that he was cut off out of the land of the living,  
stricken for the transgression of my people?  
9 And they made his grave with the wicked  
and with a rich man in his death,  
although he had done no violence,  
and there was no deceit in his mouth.  
10 Yet it was the will of the Lord to crush him;  
he has put him to grief;  
when his soul makes an offering for guilt,  
he shall see his offspring; he shall prolong his days;  
the will of the Lord shall prosper in his hand.  
11 Out of the anguish of his soul he shall see and be  
satisfied;  
by his knowledge shall the righteous one, my servant,  
make many to be accounted righteous,  
and he shall bear their iniquities.  
12 Therefore I will divide him a portion with the many,  
and he shall divide the spoil with the strong,  
because he poured out his soul to death  
and was numbered with the transgressors;  
yet he bore the sin of many,  
and makes intercession for the transgressors.

## Footnotes:

- a [Isaiah 53:1](#) Or *Who has believed what we have heard?*
- b [Isaiah 53:3](#) Or *forsaken*
- c [Isaiah 53:3](#) Or *pains*; also verse 4
- d [Isaiah 53:3](#) Or *and knowing*
- e [Isaiah 53:3](#) Or *sickness*; also verse 4
- f [Isaiah 53:3](#) Or *as one who hides his face from us*
- g [Isaiah 53:10](#) Or *he has made him sick*
- h [Isaiah 53:10](#) Or *when you make his soul*
- i [Isaiah 53:11](#) Masoretic Text; Dead Sea Scroll *he shall see light*
- j [Isaiah 53:12](#) Or *with the great*
- k [Isaiah 53:12](#) Or *with the numerous*

## Cross references:

- A [Isaiah 53:1](#) : [Cited John 12:38; Rom. 10:16](#)
- B [Isaiah 53:1](#) : [See ch. 51:9](#)
- C [Isaiah 53:2](#) : [ch. 11:1](#)
- D [Isaiah 53:2](#) : [\[ch. 52:14\]](#)
- E [Isaiah 53:3](#) : [ch. 49:7; \[Ps. 22:6; Mark 9:12\]](#)
- F [Isaiah 53:3](#) : [\[John 1:10, 11\]](#)
- G [Isaiah 53:4](#) : [\[Matt. 8:17\]](#)
- H [Isaiah 53:4](#) : [Ps. 69:26](#)
- I [Isaiah 53:5](#) : [\[Rom. 4:25\]](#)

- J [Isaiah 53:5](#) : [Cited 1 Pet. 2:24](#)
- K [Isaiah 53:6](#) : [Cited 1 Pet. 2:25; \[Jer. 50:6, 17\]](#)
- L [Isaiah 53:6](#) : [2 Cor. 5:21; \[ver. 10; Col. 2:14\]](#)
- M [Isaiah 53:7](#) : [Matt. 26:63; Mark 14:61; John 19:9; 1 Pet. 2:23](#)
- N [Isaiah 53:7](#) : [Cited Acts 8:32](#)
- O [Isaiah 53:7](#) : [\[Jer. 11:19\]](#)
- P [Isaiah 53:8](#) : [ch. 57:1](#)
- Q [Isaiah 53:9](#) : [Matt. 27:57, 60](#)
- R [Isaiah 53:9](#) : [Cited 1 Pet. 2:22; \[Heb. 4:15; 1 John 3:5\]](#)
- S [Isaiah 53:10](#) : [\[ver. 4\]](#)
- T [Isaiah 53:10](#) : [\[ver. 6\]](#)
- U [Isaiah 53:10](#) : [\[ch. 44:28\]](#)
- V [Isaiah 53:11](#) : [\[1 John 2:1\]](#)
- W [Isaiah 53:11](#) : [Acts 13:39; Rom. 5:18, 19](#)
- X [Isaiah 53:11](#) : [\[ver. 5\]](#)
- Y [Isaiah 53:12](#) : [ch. 52:13; \[Phil. 2:9\]](#)
- Z [Isaiah 53:12](#) : [\[Col. 2:15\]](#)
- A [Isaiah 53:12](#) : [ver. 6, 8, 10](#)

## WEEK 13

### **SOLITUDE: JOURNALING**

As God speaks to you through His Word write down what is impacting you, what He is saying to you personally and/or your response back to Him.

WEEK 13

CELEBRATION: SERMON NOTES

How will what I heard impact my life this week?



## WEEK 14

## SOLITUDE: STUDYING OF &amp; MEDITATING ON GALATIANS 4:21-5:1

## Galatians 4:21-5:1 (ESV)

**21** Tell me, you who desire to be under the law, do you not listen to the law? **22** For it is written that Abraham had two sons, <sup>(A)</sup>one by a slave woman and <sup>(B)</sup>one by a free woman. **23** But <sup>(C)</sup>the son of the slave was born according to the flesh, while <sup>(D)</sup>the son of the free woman was born through promise. **24** Now this may be interpreted allegorically: these women are two <sup>(E)</sup>covenants. <sup>(F)</sup>One is from Mount Sinai, bearing children for slavery; she is Hagar. **25** Now Hagar is Mount Sinai in Arabia;<sup>[a]</sup> she corresponds to the present Jerusalem, for she is in slavery with her children. **26** But <sup>(G)</sup>the Jerusalem above is free, and she is our mother. **27** For it is written,

<sup>(H)</sup>“Rejoice, O barren one who does not bear;  
break forth and cry aloud, you who are not in labor!  
For the children of the desolate one will be more  
than those of the one who has a husband.”

**28** Now you, <sup>[b]</sup>brothers, <sup>(I)</sup>like Isaac, <sup>(J)</sup>are children of promise. **29** But just as at that time he who was born according to the flesh <sup>(K)</sup>persecuted him who was born according to the Spirit, <sup>(L)</sup>so also it is now. **30** But what does the Scripture say? <sup>(M)</sup>“Cast out the slave woman and her son, for the son of the slave woman shall not inherit with the son of the free woman.” **31** So, brothers, we are not children of the slave but <sup>(N)</sup>of the free woman.

**5** For <sup>(O)</sup>freedom Christ has <sup>(P)</sup>set us free; <sup>(Q)</sup>stand firm therefore, and do not submit again to <sup>(R)</sup>a yoke of <sup>(S)</sup>slavery.

## Galatians 4:21-5:1 (NLT)

**21** Tell me, you who want to live under the law, do you know what the law actually says? **22** The Scriptures say that Abraham had two sons, one from his slave wife and one from his freeborn wife. **23** The son of the slave wife was born in a human attempt to bring about the fulfillment of God’s promise. But the son of the freeborn wife was born as God’s own fulfillment of his promise.

**24** These two women serve as an illustration of God’s two covenants. The first woman, Hagar, represents Mount Sinai where people received the law that enslaved them. **25** And now Jerusalem is just like Mount Sinai in Arabia, because she and her children live in slavery to the law. **26** But the other woman, Sarah, represents the heavenly Jerusalem. She is the free woman, and she is our mother. **27** As Isaiah said,

“Rejoice, O childless woman,  
you who have never given birth!  
Break into a joyful shout,  
you who have never been in labor!  
For the desolate woman now has more children  
than the woman who lives with her husband!”

**28** And you, dear brothers and sisters, are children of the promise, just like Isaac. **29** But you are now being persecuted by those who want you to keep the law, just as Ishmael, the child born by human effort, persecuted Isaac, the child born by the power of the Spirit.

**30** But what do the Scriptures say about that? “Get rid of the slave and her son, for the son of the slave woman will not share the inheritance with the free woman’s son.”

**31** So, dear brothers and sisters, we are not children of the slave woman; we are children of the free woman.

**5** So Christ has truly set us free. Now make sure that you stay free, and don’t get tied up again in slavery to the law.

## Footnotes:

- a Galatians 4:25 Some manuscripts *For Sinai is a mountain in Arabia*  
b Galatians 4:28 Some manuscripts *we*

## Cross references:

- A Galatians 4:22 : [Gen. 16:5](#)  
B Galatians 4:22 : [Gen. 21:2](#)  
C Galatians 4:23 : [ver. 29](#); [\[Rom. 9:7\]](#)  
D Galatians 4:23 : [ver. 28](#); [Gen. 17:16-19](#); [18:10](#); [14: 21:1, 2](#); [Heb. 11:11](#)  
E Galatians 4:24 : [See Rom. 9:4](#)  
F Galatians 4:24 : [Deut. 33:2](#)  
G Galatians 4:26 : [\[Heb. 12:22; Rev. 3:12; 21:2, 10\]](#)

- H Galatians 4:27 : [Cited from Isa. 54:1](#)  
I Galatians 4:28 : [See ver. 23](#)  
J Galatians 4:28 : [Rom. 9:8](#); [See ch. 3:29](#)  
K Galatians 4:29 : [Gen. 21:9](#)  
L Galatians 4:29 : [See ch. 5:11](#)  
M Galatians 4:30 : [Cited from Gen. 21:10](#); [\[John 8:35\]](#)  
N Galatians 4:31 : [\[1 Pet. 3:6\]](#)  
O Galatians 5:1 : [ver. 13](#); [ch. 2:4](#); [See James 1:25](#)  
P Galatians 5:1 : [See John 8:32](#)  
Q Galatians 5:1 : [See 1 Cor. 16:13](#)  
R Galatians 5:1 : [Acts 15:10](#)  
S Galatians 5:1 : [See ch. 2:4](#)



## WEEK 14

### SOLITUDE: JOURNALING

As God speaks to you through His Word write down what is impacting you, what He is saying to you personally and/or your response back to Him.

## WEEK 14

## SOLITUDE: OPTIONAL COMPLEMENTARY PASSAGE

## Romans 7 (ESV)

**7** Or do you not know, brothers—for I am speaking to those who know the law—that the law is binding on a person only as long as he lives? **2** For a married woman is bound by law to her husband while he lives, but if her husband dies she is released from the law of marriage. **3** Accordingly, she will be called an adulteress if she lives with another man while her husband is alive. But if her husband dies, she is free from that law, and if she marries another man she is not an adulteress.

**4** Likewise, my brothers, you also have died to the law through the body of Christ, so that you may belong to another, to him who has been raised from the dead, in order that we may bear fruit for God. **5** For while we were living in the flesh, our sinful passions, aroused by the law, were at work in our members to bear fruit for death. **6** But now we are released from the law, having died to that which held us captive, so that we serve in the new way of the Spirit and not in the old way of the written code.

**7** What then shall we say? That the law is sin? By no means! Yet if it had not been for the law, I would not have known sin. For I would not have known what it is to covet if the law had not said, “You shall not covet.” **8** But sin, seizing an opportunity through the commandment, produced in me all kinds of covetousness. For apart from the law, sin lies dead. **9** I was once alive apart from the law, but when the commandment came, sin came alive and I died. **10** The very commandment that promised life proved to be death to me. **11** For sin, seizing an opportunity through the commandment, deceived me and through it killed me. **12** So the law is holy, and the commandment is holy and righteous and good.

**13** Did that which is good, then, bring death to me? By no means! It was sin, producing death in me through what is good, in order that sin might be shown to be sin, and through the commandment might become sinful beyond measure. **14** For we know that the law is spiritual, but I am of the flesh, sold under sin. **15** For I do not understand my own actions. For I do not do what I want, but I do the very thing I hate. **16** Now if I do what I do not want, I agree with the law, that it is good. **17** So now it is no longer I who do it, but sin that dwells within me. **18** For I know that nothing good dwells in me, that is, in my flesh. For I have the desire to do what is right, but not the ability to carry it out. **19** For I do not do the good I want, but the evil I do not want is what I keep on doing. **20** Now if I do what I do not want, it is no longer I who do it, but sin that dwells within me.

**21** So I find it to be a law that when I want to do right, evil lies close at hand. **22** For I delight in the law of God, in my inner being, **23** but I see in my members another law waging war against the law of my mind and making me captive to the law of sin that dwells in my members. **24** Wretched man that I am! Who will deliver me from this body of death? **25** Thanks be to God through Jesus Christ our Lord! So then, I myself serve the law of God with my mind, but with my flesh I serve the law of sin.

## WEEK 14

### SOLITUDE: JOURNALING

As God speaks to you through His Word write down what is impacting you, what He is saying to you personally and/or your response back to Him.

**WEEK 14**  
**CELEBRATION: SERMON NOTES**

How will what I heard impact my life this week?

WEEK 14

**PERSONAL REFLECTION** (5 MINUTES)

Prayerfully consider your practice of Solitude over the previous week, as well as how God spoke to you as you lived the SCC lifestyle. Is God inviting you to.....

- Focus on your practice of “Loving God in Solitude”?
- Take a step of obedience?
- Repent from a sin?
- Trust and rest in a truth?
- Or something else?

This coming week God is inviting me to..... / My response to God's invitation is to...

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How I did with last week's accountability item...

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**GROUP ACCOUNTABILITY & PRAYER** (30-45 MINUTES)

Group Members' Accountability Items (& Other Items) to Pray For:

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## WEEK 15

## SOLITUDE: STUDYING OF &amp; MEDITATING ON GALATIANS 5:2-12

## Galatians 5:2-12 (ESV)

**2** Look! I, Paul, say to you that <sup>(A)</sup>if you accept circumcision, <sup>(B)</sup>Christ will be of no advantage to you. **3** I testify again to every man who accepts circumcision that <sup>(C)</sup>he is obligated to keep the whole law. **4** You are <sup>(D)</sup>severed from Christ, <sup>(E)</sup>you who would be justified<sup>[a]</sup> by the law; <sup>(F)</sup>you have fallen away from grace. **5** For through the Spirit, by faith, we ourselves eagerly <sup>(G)</sup>wait for the hope of righteousness. **6** For in Christ Jesus <sup>(H)</sup>neither circumcision nor uncircumcision counts for anything, but <sup>(I)</sup>only faith working through love.

**7** <sup>(J)</sup>You were running well. Who hindered you from obeying <sup>(K)</sup>the truth? **8** This persuasion is not from <sup>(L)</sup>him who calls you. **9** <sup>(M)</sup>A little leaven leavens the whole lump. **10** <sup>(N)</sup>I have confidence in the Lord that you will <sup>(O)</sup>take no other view, and <sup>(P)</sup>the one who is troubling you will bear the penalty, whoever he is. **11** But if I, brothers,<sup>[b]</sup> still preach<sup>[c]</sup> circumcision, <sup>(Q)</sup>why am I still being persecuted? In that case <sup>(R)</sup>the offense of the cross has been removed. **12** I wish <sup>(S)</sup>those who unsettle you would emasculate themselves!

## Galatians 5:2-12 (NLT)

**2** Listen! I, Paul, tell you this: If you are counting on circumcision to make you right with God, then Christ will be of no benefit to you. **3** I'll say it again. If you are trying to find favor with God by being circumcised, you must obey every regulation in the whole law of Moses. **4** For if you are trying to make yourselves right with God by keeping the law, you have been cut off from Christ! You have fallen away from God's grace.

**5** But we who live by the Spirit eagerly wait to receive by faith the righteousness God has promised to us. **6** For when we place our faith in Christ Jesus, there is no benefit in being circumcised or being uncircumcised. What is important is faith expressing itself in love.

**7** You were running the race so well. Who has held you back from following the truth? **8** It certainly isn't God, for he is the one who called you to freedom. **9** This false teaching is like a little yeast that spreads through the whole batch of dough! **10** I am trusting the Lord to keep you from believing false teachings. God will judge that person, whoever he is, who has been confusing you.

**11** Dear brothers and sisters, if I were still preaching that you must be circumcised—as some say I do—why am I still being persecuted? If I were no longer preaching salvation through the cross of Christ, no one would be offended. **12** I just wish that those troublemakers who want to mutilate you by circumcision would mutilate themselves.

## Footnotes:

- a Galatians 5:4 Or *counted righteous*  
 b Galatians 5:11 Or *brothers and sisters*; also verse 13  
 c Galatians 5:11 Greek *proclaim*

## Cross references:

- A Galatians 5:2 : [ver. 3, 11](#); [Acts 15:1](#); [1 Cor. 7:18](#)  
 B Galatians 5:2 : [See ch. 4:11](#)  
 C Galatians 5:3 : [Rom. 2:25](#)  
 D Galatians 5:4 : [Rom. 7:6 \(Gk.\)](#)  
 E Galatians 5:4 : [[ch. 2:21](#); [3:10](#); [Rom. 9:31, 32](#)]  
 F Galatians 5:4 : [[Heb. 12:15](#); [2 Pet. 3:17](#)]  
 G Galatians 5:5 : [See Rom. 8:23, 25](#)

- H Galatians 5:6 : [ch. 6:15](#); [1 Cor. 7:19](#); [Col. 3:11](#); [See ch. 3:28](#)  
 I Galatians 5:6 : [[Eph. 6:23](#); [1 Thess. 1:3](#); [James 2:18, 20, 22](#)]  
 J Galatians 5:7 : [See 1 Cor. 9:24](#)  
 K Galatians 5:7 : [See ch. 2:5](#)  
 L Galatians 5:8 : [ch. 1:6](#)  
 M Galatians 5:9 : [1 Cor. 5:6](#); [[1 Cor. 15:33](#); [Heb. 12:15](#)]  
 N Galatians 5:10 : [See 2 Cor. 2:3](#)  
 O Galatians 5:10 : [[Phil. 3:15](#)]  
 P Galatians 5:10 : [ch. 1:7](#); [[ver. 12](#)]  
 Q Galatians 5:11 : [ch. 4:29](#); [6:12](#)  
 R Galatians 5:11 : [1 Cor. 1:23](#); [See 1 Pet. 2:8](#)  
 S Galatians 5:12 : [[ver. 10](#)]; [See ch. 2:4](#)

**WEEK 15**

**SOLITUDE: JOURNALING**

As God speaks to you through His Word write down what is impacting you, what He is saying to you personally and/or your response back to Him.

## WEEK 15

## SOLITUDE: OPTIONAL COMPLEMENTARY PASSAGE

## John 8:31-59 (ESV)

**31** So Jesus said to the Jews who had believed him, “If you abide in my word, you are truly my disciples, **32** and you will know the truth, and the truth will set you free.” **33** They answered him, “We are offspring of Abraham and have never been enslaved to anyone. How is it that you say, ‘You will become free’?”

**34** Jesus answered them, “Truly, truly, I say to you, everyone who practices sin is a slave to sin. **35** The slave does not remain in the house forever; the son remains forever. **36** So if the Son sets you free, you will be free indeed. **37** I know that you are offspring of Abraham; yet you seek to kill me because my word finds no place in you. **38** I speak of what I have seen with my Father, and you do what you have heard from your father.”

**39** They answered him, “Abraham is our father.” Jesus said to them, “If you were Abraham’s children, you would be doing the works Abraham did, **40** but now you seek to kill me, a man who has told you the truth that I heard from God. This is not what Abraham did. **41** You are doing the works your father did.” They said to him, “We were not born of sexual immorality. We have one Father—even God.” **42** Jesus said to them, “If God were your Father, you would love me, for I came from God and I am here. I came not of my own accord, but he sent me. **43** Why do you not understand what I say? It is because you cannot bear to hear my word. **44** You are of your father the devil, and your will is to do your father’s desires. He was a murderer from the beginning, and does not stand in the truth, because there is no truth in him. When he lies, he speaks out of his own character, for he is a liar and the father of lies. **45** But because I tell the truth, you do not believe me. **46** Which one of you convicts me of sin? If I tell the truth, why do you not believe me? **47** Whoever is of God hears the words of God. The reason why you do not hear them is that you are not of God.”

**48** The Jews answered him, “Are we not right in saying that you are a Samaritan and have a demon?” **49** Jesus answered, “I do not have a demon, but I honor my Father, and you dishonor me. **50** Yet I do not seek my own glory; there is One who seeks it, and he is the judge. **51** Truly, truly, I say to you, if anyone keeps my word, he will never see death.” **52** The Jews said to him, “Now we know that you have a demon! Abraham died, as did the prophets, yet you say, ‘If anyone keeps my word, he will never taste death.’ **53** Are you greater than our father Abraham, who died? And the prophets died! Who do you make yourself out to be?” **54** Jesus answered, “If I glorify myself, my glory is nothing. It is my Father who glorifies me, of whom you say, ‘He is our God.’ **55** But you have not known him. I know him. If I were to say that I do not know him, I would be a liar like you, but I do know him and I keep his word. **56** Your father Abraham rejoiced that he would see my day. He saw it and was glad.” **57** So the Jews said to him, “You are not yet fifty years old, and have you seen Abraham?” **58** Jesus said to them, “Truly, truly, I say to you, before Abraham was, I am.” **59** So they picked up stones to throw at him, but Jesus hid himself and went out of the temple.



## WEEK 15

### **SOLITUDE: JOURNALING**

As God speaks to you through His Word write down what is impacting you, what He is saying to you personally and/or your response back to Him.

WEEK 15  
CELEBRATION: SERMON NOTES

How will what I heard impact my life this week?

## WEEK 15

### PERSONAL REFLECTION (5 MINUTES)

Prayerfully consider your practice of Solitude over the previous week, as well as how God spoke to you as you lived the SCC lifestyle. Is God inviting you to.....

- Focus on your practice of "Loving God in Solitude"?
- Take a step of obedience?
- Repent from a sin?
- Trust and rest in a truth?
- Or something else?

This coming week God is inviting me to..... / My response to God's invitation is to...

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How I did with last week's accountability item...

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### GROUP ACCOUNTABILITY & PRAYER (30-45 MINUTES)

Group Members' Accountability Items (& Other Items) to Pray For:

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## WEEK 16

## SOLITUDE: STUDYING OF &amp; MEDITATING ON GALATIANS 5:13-26

## Galatians 5:13-26 (ESV)

**13** For you were called to freedom, brothers. <sup>(A)</sup>Only do not use your freedom as an opportunity for the flesh, but through love <sup>(B)</sup>serve one another. **14** For <sup>(C)</sup>the whole law is fulfilled in one word: <sup>(D)</sup>“You shall love your neighbor as yourself.” **15** But if you <sup>(E)</sup>bite and devour one another, watch out that you are not consumed by one another.

**16** But I say, <sup>(F)</sup>walk by the Spirit, and you will not gratify <sup>(G)</sup>the desires of the flesh. **17** For <sup>(H)</sup>the desires of the flesh are against the Spirit, and the desires of the Spirit are against the flesh, for these are opposed to each other, <sup>(I)</sup>to keep you from doing the things you want to do. **18** But if you are <sup>(J)</sup>led by the Spirit, <sup>(K)</sup>you are not under the law. **19** Now <sup>(L)</sup>the works of the flesh are evident: sexual immorality, impurity, sensuality, **20** idolatry, sorcery, enmity, strife, jealousy, fits of anger, rivalries, dissensions, <sup>(M)</sup>divisions, **21** envy, <sup>(a)</sup>drunkenness, orgies, and things like these. I warn you, as I warned you before, that <sup>(N)</sup>those who do <sup>(b)</sup>such things will not inherit the kingdom of God. **22** But <sup>(O)</sup>the fruit of the Spirit is <sup>(P)</sup>love, joy, peace, patience, <sup>(Q)</sup>kindness, goodness, faithfulness, **23** <sup>(R)</sup>gentleness, <sup>(S)</sup>self-control; <sup>(T)</sup>against such things there is no law. **24** And those who belong to Christ Jesus <sup>(U)</sup>have crucified the flesh with its <sup>(V)</sup>passions and desires.

**25** If we live by the Spirit, <sup>(W)</sup>let us also keep in step with the Spirit. **26** <sup>(X)</sup>Let us not become conceited, provoking one another, envying one another.

## Galatians 5:13-26 (NLT)

**13** For you have been called to live in freedom, my brothers and sisters. But don't use your freedom to satisfy your sinful nature. Instead, use your freedom to serve one another in love. **14** For the whole law can be summed up in this one command: “Love your neighbor as yourself.” **15** But if you are always biting and devouring one another, watch out! Beware of destroying one another.

**16** So I say, let the Holy Spirit guide your lives. Then you won't be doing what your sinful nature craves. **17** The sinful nature wants to do evil, which is just the opposite of what the Spirit wants. And the Spirit gives us desires that are the opposite of what the sinful nature desires. These two forces are constantly fighting each other, so you are not free to carry out your good intentions. **18** But when you are directed by the Spirit, you are not under obligation to the law of Moses.

**19** When you follow the desires of your sinful nature, the results are very clear: sexual immorality, impurity, lustful pleasures, **20** idolatry, sorcery, hostility, quarreling, jealousy, outbursts of anger, selfish ambition, dissension, division, **21** envy, drunkenness, wild parties, and other sins like these. Let me tell you again, as I have before, that anyone living that sort of life will not inherit the Kingdom of God.

**22** But the Holy Spirit produces this kind of fruit in our lives: love, joy, peace, patience, kindness, goodness, faithfulness, **23** gentleness, and self-control. There is no law against these things!

**24** Those who belong to Christ Jesus have nailed the passions and desires of their sinful nature to his cross and crucified them there. **25** Since we are living by the Spirit, let us follow the Spirit's leading in every part of our lives. **26** Let us not become conceited, or provoke one another, or be jealous of one another.

## Footnotes:

- a Galatians 5:21 Some manuscripts add *murder*  
b Galatians 5:21 Or *make a practice of doing*

## Cross references:

- A Galatians 5:13 : [1 Pet. 2:16](#); [Jude 4](#); [[1 Cor. 8:9](#); [2 Pet. 2:19](#)]  
B Galatians 5:13 : [1 Cor. 9:19](#)  
C Galatians 5:14 : [[Matt. 7:12](#); [22:40](#)]  
D Galatians 5:14 : [Cited from Lev. 19:18](#); [[ver. 22: ch. 6:2](#)]; [See Matt. 19:19](#); [John 13:34](#)  
E Galatians 5:15 : [[Phil. 3:2](#)]  
F Galatians 5:16 : [ver. 24, 25](#); [Rom. 8:4](#); [See Rom. 13:14](#)  
G Galatians 5:16 : [Eph. 2:3](#)  
H Galatians 5:17 : [Rom. 7:23](#); [8:5-7](#)  
I Galatians 5:17 : [Rom. 7:15](#), [18](#), [19](#)  
J Galatians 5:18 : [Rom. 8:14](#)

- K Galatians 5:18 : [See Rom. 7:4](#)  
L Galatians 5:19 : [1 Cor. 3:3](#); [Eph. 5:3](#); [Col. 3:5](#); [James 3:14](#), [15](#); [[Matt. 15:18-20](#)]  
M Galatians 5:20 : [1 Cor. 11:19](#)  
N Galatians 5:21 : [[Col. 3:6](#)]; [See 1 Cor. 6:9](#)  
O Galatians 5:22 : [[Rom. 7:4](#); [8:5](#); [Eph. 5:9](#)]  
P Galatians 5:22 : [See Rom. 5:1-5](#); [Col. 3:12-17](#)  
Q Galatians 5:22 : [2 Cor. 6:6](#)  
R Galatians 5:23 : [Eph. 4:2](#)  
S Galatians 5:23 : [Acts 24:25](#)  
T Galatians 5:23 : [1 Tim. 1:9](#)  
U Galatians 5:24 : [[ver. 16](#)]; [See Rom. 6:6](#)  
V Galatians 5:24 : [Rom. 7:5](#)  
W Galatians 5:25 : [[ver. 16](#)]  
X Galatians 5:26 : [Phil. 2:3](#)

## WEEK 16

### **SOLITUDE: JOURNALING**

As God speaks to you through His Word write down what is impacting you, what He is saying to you personally and/or your response back to Him.

## WEEK 16

## SOLITUDE: OPTIONAL COMPLEMENTARY PASSAGE

## John 15 (ESV)

**15** “I am the true vine, and my Father is the vinedresser. **2** Every branch in me that does not bear fruit he takes away, and every branch that does bear fruit he prunes, that it may bear more fruit. **3** Already you are clean because of the word that I have spoken to you. **4** Abide in me, and I in you. As the branch cannot bear fruit by itself, unless it abides in the vine, neither can you, unless you abide in me. **5** I am the vine; you are the branches. Whoever abides in me and I in him, he it is that bears much fruit, for apart from me you can do nothing. **6** If anyone does not abide in me he is thrown away like a branch and withers; and the branches are gathered, thrown into the fire, and burned. **7** If you abide in me, and my words abide in you, ask whatever you wish, and it will be done for you. **8** By this my Father is glorified, that you bear much fruit and so prove to be my disciples. **9** As the Father has loved me, so have I loved you. Abide in my love. **10** If you keep my commandments, you will abide in my love, just as I have kept my Father's commandments and abide in his love. **11** These things I have spoken to you, that my joy may be in you, and that your joy may be full.

**12** “This is my commandment, that you love one another as I have loved you. **13** Greater love has no one than this, that someone lay down his life for his friends. **14** You are my friends if you do what I command you. **15** No longer do I call you servants, for the servant does not know what his master is doing; but I have called you friends, for all that I have heard from my Father I have made known to you. **16** You did not choose me, but I chose you and appointed you that you should go and bear fruit and that your fruit should abide, so that whatever you ask the Father in my name, he may give it to you. **17** These things I command you, so that you will love one another.

**18** “If the world hates you, know that it has hated me before it hated you. **19** If you were of the world, the world would love you as its own; but because you are not of the world, but I chose you out of the world, therefore the world hates you. **20** Remember the word that I said to you: ‘A servant is not greater than his master.’ If they persecuted me, they will also persecute you. If they kept my word, they will also keep yours. **21** But all these things they will do to you on account of my name, because they do not know him who sent me. **22** If I had not come and spoken to them, they would not have been guilty of sin, but now they have no excuse for their sin. **23** Whoever hates me hates my Father also. **24** If I had not done among them the works that no one else did, they would not be guilty of sin, but now they have seen and hated both me and my Father. **25** But the word that is written in their Law must be fulfilled: ‘They hated me without a cause.’

**26** “But when the Helper comes, whom I will send to you from the Father, the Spirit of truth, who proceeds from the Father, he will bear witness about me. **27** And you also will bear witness, because you have been with me from the beginning.

## WEEK 16

### **SOLITUDE: JOURNALING**

As God speaks to you through His Word write down what is impacting you, what He is saying to you personally and/or your response back to Him.

**WEEK 16**

**CELEBRATION: SERMON NOTES**

How will what I heard impact my life this week?





## WEEK 17

## SOLITUDE: STUDYING OF &amp; MEDITATING ON GALATIANS 6:1-10

## Galatians 6:1-10 (ESV)

**6** Brothers,<sup>[a]</sup> <sup>(A)</sup>if anyone is caught in any transgression, <sup>(B)</sup>you who are spiritual should restore him in <sup>(C)</sup>a spirit of gentleness. Keep watch on yourself, lest you too be tempted. **2** <sup>(D)</sup>Bear one another's burdens, and <sup>(E)</sup>so fulfill <sup>(F)</sup>the law of Christ. **3** For <sup>(G)</sup>if anyone thinks he is something, <sup>(H)</sup>when he is nothing, he deceives himself. **4** But let each one <sup>(I)</sup>test his own work, and then his reason to boast will be in himself alone and not in his neighbor. **5** For <sup>(J)</sup>each will have to bear his own load.

**6** <sup>(K)</sup>Let the one who is taught the word share all good things with the one who teaches. **7** <sup>(L)</sup>Do not be deceived: God is not mocked, for <sup>(M)</sup>whatever one sows, that will he also reap. **8** For <sup>(N)</sup>the one who sows to his own flesh <sup>(O)</sup>will from the flesh reap corruption, but <sup>(P)</sup>the one who sows to the Spirit will from the Spirit reap eternal life. **9** And <sup>(Q)</sup>let us not grow weary of doing good, for in due season we will reap, <sup>(R)</sup>if we do not give up. **10** So then, <sup>(S)</sup>as we have opportunity, let us <sup>(T)</sup>do good to everyone, and especially to those who are <sup>(U)</sup>of the household of faith.

## Galatians 6:1-10 (NLT)

**6** Dear brothers and sisters, if another believer is overcome by some sin, you who are godly should gently and humbly help that person back onto the right path. And be careful not to fall into the same temptation yourself. **2** Share each other's burdens, and in this way obey the law of Christ. **3** If you think you are too important to help someone, you are only fooling yourself. You are not that important.

**4** Pay careful attention to your own work, for then you will get the satisfaction of a job well done, and you won't need to compare yourself to anyone else. **5** For we are each responsible for our own conduct. **6** Those who are taught the word of God should provide for their teachers, sharing all good things with them.

**7** Don't be misled—you cannot mock the justice of God. You will always harvest what you plant. **8** Those who live only to satisfy their own sinful nature will harvest decay and death from that sinful nature. But those who live to please the Spirit will harvest everlasting life from the Spirit. **9** So let's not get tired of doing what is good. At just the right time we will reap a harvest of blessing if we don't give up. **10** Therefore, whenever we have the opportunity, we should do good to everyone—especially to those in the family of faith.

## Footnotes:

a Galatians 6:1 Or *Brothers and sisters*; also verse 18

## Cross references:

A Galatians 6:1 : [Ps. 141:5; 2 Cor. 2:7; Heb. 12:13; James 5:19]  
 B Galatians 6:1 : [Rom. 15:1; 1 Cor. 10:15]; See 1 Cor. 2:15  
 C Galatians 6:1 : [1 Cor. 4:21; [2 Tim. 2:25]]  
 D Galatians 6:2 : Rom. 15:1; 1 Thess. 5:14  
 E Galatians 6:2 : [ch. 5:14]  
 F Galatians 6:2 : 1 John 4:21; See John 13:34  
 G Galatians 6:3 : [ch. 2:6]; See 1 Cor. 3:7, 18  
 H Galatians 6:3 : 2 Cor. 12:11  
 I Galatians 6:4 : [1 Cor. 11:28; 2 Cor. 13:5]

J Galatians 6:5 : [Rom. 14:12]  
 K Galatians 6:6 : [Rom. 15:27; 1 Cor. 9:11]  
 L Galatians 6:7 : 1 Cor. 6:9; 15:33; James 1:16  
 M Galatians 6:7 : See 2 Cor. 9:6  
 N Galatians 6:8 : [Hos. 8:7]; See Job 4:8  
 O Galatians 6:8 : See Rom. 6:21  
 P Galatians 6:8 : See James 3:18  
 Q Galatians 6:9 : 2 Thess. 3:13; [1 Cor. 15:58]  
 R Galatians 6:9 : Heb. 12:3, 5; [Heb. 10:36]; See Matt. 10:22  
 S Galatians 6:10 : Prov. 3:27; John 9:4; 12:35  
 T Galatians 6:10 : Eph. 4:28; 1 Tim. 6:18; [1 Thess. 5:15]  
 U Galatians 6:10 : [Eph. 2:19; 1 Tim. 5:8; Heb. 3:6]

## WEEK 17

### **SOLITUDE: JOURNALING**

As God speaks to you through His Word write down what is impacting you, what He is saying to you personally and/or your response back to Him.

## WEEK 17

## SOLITUDE: OPTIONAL COMPLEMENTARY PASSAGE

## James 5 (ESV)

**5** Come now, you rich, weep and howl for the miseries that are coming upon you. **2** Your riches have rotted and your garments are moth-eaten. **3** Your gold and silver have corroded, and their corrosion will be evidence against you and will eat your flesh like fire. You have laid up treasure in the last days.

**4** Behold, the wages of the laborers who mowed your fields, which you kept back by fraud, are crying out against you, and the cries of the harvesters have reached the ears of the Lord of hosts. **5** You have lived on the earth in luxury and in self-indulgence. You have fattened your hearts in a day of slaughter.

**6** You have condemned and murdered the righteous person. He does not resist you.

**7** Be patient, therefore, brothers, until the coming of the Lord. See how the farmer waits for the precious fruit of the earth, being patient about it, until it receives the early and the late rains. **8** You also, be patient. Establish your hearts, for the coming of the Lord is at hand. **9** Do not grumble against one another, brothers, so that you may not be judged; behold, the Judge is standing at the door. **10** As an example of suffering and patience, brothers, take the prophets who spoke in the name of the Lord.

**11** Behold, we consider those blessed who remained steadfast. You have heard of the steadfastness of Job, and you have seen the purpose of the Lord, how the Lord is compassionate and merciful.

**12** But above all, my brothers, do not swear, either by heaven or by earth or by any other oath, but let your "yes" be yes and your "no" be no, so that you may not fall under condemnation.

**13** Is anyone among you suffering? Let him pray. Is anyone cheerful? Let him sing praise. **14** Is anyone among you sick? Let him call for the elders of the church, and let them pray over him, anointing him with oil in the name of the Lord. **15** And the prayer of faith will save the one who is sick, and the Lord will raise him up. And if he has committed sins, he will be forgiven. **16** Therefore, confess your sins to one another and pray for one another, that you may be healed. The prayer of a righteous person has great power as it is working. **17** Elijah was a man with a nature like ours, and he prayed fervently that it might not rain, and for three years and six months it did not rain on the earth. **18** Then he prayed again, and heaven gave rain, and the earth bore its fruit.

**19** My brothers, if anyone among you wanders from the truth and someone brings him back, **20** let him know that whoever brings back a sinner from his wandering will save his soul from death and will cover a multitude of sins.

## WEEK 17

### **SOLITUDE: JOURNALING**

As God speaks to you through His Word write down what is impacting you, what He is saying to you personally and/or your response back to Him.

**WEEK 17**

**CELEBRATION: SERMON NOTES**

How will what I heard impact my life this week?



WEEK 18 - REFLECTION WEEK  
SOLITUDE: REFLECTION EXERCISE

**REFLECTION WEEK**  
**TO BE COMPLETED BEFORE YOUR NEXT CELL GROUP MEETING**

This week we will take time to remember the journey we have been on with God over the last number of weeks and through this you will have an opportunity to....

- See a common thread(s) or similar pattern(s) in the things God has said to you;
- See a big picture of what God is doing in your life;
- Gain a new perspective on where God has you and how He is wanting to transform you

Anticipate that God will lead you to discern something significant through “remembering” that will help you to more fully join Him as He moves you toward greater Christlikeness. *“Remember, therefore, what you have received and heard; obey it, and repent”* (Rev. 3:3a).

**REFLECTION EXERCISE**

1. **Take time to read through your journal and accountability entries, particularly God’s weekly invitations to you and your responses from week 9-17.** As you do this look for common themes and/or patterns, how God has been working in your life and areas you have grown in, as well as areas over which you still need to find victory. You may find it helpful to read with a highlighter in hand.
2. **Then, answer the follow questions:** What did you see as you read through your material? In a few sentences or more encapsulate a common theme or thread in what God has been saying to you / a persistent area of struggle that keeps cropping up week by week / an area of growth that you can celebrate / an “aha” moment / etc.

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## WEEK 18

## SOLITUDE: STUDYING OF &amp; MEDITATING ON GALATIANS 6:11-18

## Galatians 6:11-18 (ESV)

**11** See with what large letters I am writing to you <sup>(A)</sup>with my own hand. **12** <sup>(B)</sup>It is those who want to make a good showing in the flesh <sup>(C)</sup>who would force you to be circumcised, and only <sup>(D)</sup>in order that they may not be persecuted for the cross of Christ. **13** For even those who are circumcised do not themselves keep the law, but they desire to have you circumcised that they may boast in your flesh. **14** But far be it from me to boast <sup>(E)</sup>except in the cross of our Lord Jesus Christ, by which<sup>[a]</sup> the world <sup>(F)</sup>has been crucified to me, and I to the world. **15** For <sup>(G)</sup>neither circumcision counts for anything, nor uncircumcision, but <sup>(H)</sup>a new creation. **16** And as for all who walk by this rule, <sup>(I)</sup>peace and mercy be upon them, and upon <sup>(J)</sup>the Israel of God.

**17** From now on let no one cause me trouble, for I bear on my body the marks of Jesus.

**18** <sup>(K)</sup>The grace of our Lord Jesus Christ be <sup>(L)</sup>with your spirit, brothers. Amen.

## Galatians 6:11-18 (NLT)

**11** Notice what large letters I use as I write these closing words in my own handwriting.

**12** Those who are trying to force you to be circumcised want to look good to others. They don't want to be persecuted for teaching that the cross of Christ alone can save. **13** And even those who advocate circumcision don't keep the whole law themselves. They only want you to be circumcised so they can boast about it and claim you as their disciples.

**14** As for me, may I never boast about anything except the cross of our Lord Jesus Christ. Because of that cross, my interest in this world has been crucified, and the world's interest in me has also died. **15** It doesn't matter whether we have been circumcised or not. What counts is whether we have been transformed into a new creation. **16** May God's peace and mercy be upon all who live by this principle; they are the new people of God.

**17** From now on, don't let anyone trouble me with these things. For I bear on my body the scars that show I belong to Jesus.

**18** Dear brothers and sisters, may the grace of our Lord Jesus Christ be with your spirit. Amen.

## Footnotes:

a Galatians 6:14 Or *through whom*

## Cross references:

A Galatians 6:11 : [See 1 Cor. 16:21](#)  
 B Galatians 6:12 : [See 2 Cor. 11:13](#)  
 C Galatians 6:12 : [ch. 2:3](#)  
 D Galatians 6:12 : [ch. 5:11](#)  
 E Galatians 6:14 : [1 Cor. 2:2](#); [[Phil. 3:3, 7, 8](#)]  
 F Galatians 6:14 : [See Rom. 6:6](#)  
 G Galatians 6:15 : [[Rom. 2:28](#)]; [See ch. 5:6](#)  
 H Galatians 6:15 : [[John 3:5, 7](#)]; [See Rom. 6:4](#)  
 I Galatians 6:16 : [Ps. 125:5](#); [128:6](#)  
 J Galatians 6:16 : [ch. 3:7, 9, 29](#); [Rom. 2:29](#); [4:12](#); [9:6-8](#); [Phil. 3:3](#)  
 K Galatians 6:18 : [Philem. 25](#); [See Rom. 16:20](#)  
 L Galatians 6:18 : [2 Tim. 4:22](#)

## WEEK 18

### **SOLITUDE: JOURNALING**

As God speaks to you through His Word write down what is impacting you, what He is saying to you personally and/or your response back to Him.

## WEEK 18

## SOLITUDE: OPTIONAL COMPLEMENTARY PASSAGE

## Philippians 3 (ESV)

**3** Finally, my brothers, rejoice in the Lord. To write the same things to you is no trouble to me and is safe for you.

**2** Look out for the dogs, look out for the evildoers, look out for those who mutilate the flesh. **3** For we are the circumcision, who worship by the Spirit of God and glory in Christ Jesus and put no confidence in the flesh— **4** though I myself have reason for confidence in the flesh also. If anyone else thinks he has reason for confidence in the flesh, I have more: **5** circumcised on the eighth day, of the people of Israel, of the tribe of Benjamin, a Hebrew of Hebrews; as to the law, a Pharisee; **6** as to zeal, a persecutor of the church; as to righteousness under the law, blameless. **7** But whatever gain I had, I counted as loss for the sake of Christ. **8** Indeed, I count everything as loss because of the surpassing worth of knowing Christ Jesus my Lord. For his sake I have suffered the loss of all things and count them as rubbish, in order that I may gain Christ **9** and be found in him, not having a righteousness of my own that comes from the law, but that which comes through faith in Christ, the righteousness from God that depends on faith— **10** that I may know him and the power of his resurrection, and may share his sufferings, becoming like him in his death, **11** that by any means possible I may attain the resurrection from the dead.

**12** Not that I have already obtained this or am already perfect, but I press on to make it my own, because Christ Jesus has made me his own. **13** Brothers, I do not consider that I have made it my own. But one thing I do: forgetting what lies behind and straining forward to what lies ahead, **14** I press on toward the goal for the prize of the upward call of God in Christ Jesus. **15** Let those of us who are mature think this way, and if in anything you think otherwise, God will reveal that also to you. **16** Only let us hold true to what we have attained.

**17** Brothers, join in imitating me, and keep your eyes on those who walk according to the example you have in us. **18** For many, of whom I have often told you and now tell you even with tears, walk as enemies of the cross of Christ. **19** Their end is destruction, their god is their belly, and they glory in their shame, with minds set on earthly things. **20** But our citizenship is in heaven, and from it we await a Savior, the Lord Jesus Christ, **21** who will transform our lowly body to be like his glorious body, by the power that enables him even to subject all things to himself.

## WEEK 18

### **SOLITUDE: JOURNALING**

As God speaks to you through His Word write down what is impacting you, what He is saying to you personally and/or your response back to Him.

**WEEK 18**

**CELEBRATION: SERMON NOTES**

How will what I heard impact my life this week?









